

[INSERT TITLE, FIRSTNAME, SURNAME] MP  
House of Commons  
Westminster  
London  
SW1A 0AA  
[INSERT DATE]

[INSERT YOUR NAME]  
[INSERT YOUR ADDRESS]  
[YOUR NAME]  
[YOUR ADDRESS]  
[YOUR ADDRESS]  
[YOUR ADDRESS]

Dear [INSERT TITLE, FIRSTNAME, SURNAME] MP,

As one of your constituents and a Member of Coeliac UK, the national charity for people with coeliac disease, I am writing to urge you to join the All Party Parliamentary Group on Coeliac Disease and DH.

Coeliac disease is an autoimmune disease caused by intolerance to gluten, a protein found in wheat, rye and barley. It is one of the most common lifelong disorders in the UK. There is no cure, the only reliable treatment being a lifelong and strict gluten-free diet. If left untreated it can lead to infertility, osteoporosis or bowel cancer.

Recent research shows that 1 in 100 people in the UK have coeliac disease; that is 740 people in an average constituency of 74,000 people, and I am just one of those people. I would particularly like to draw your attention to the challenges people with coeliac disease face when eating in hospital. It is often restrictive and at times unsafe with poor provision and understanding of a gluten-free diet. In reality Coeliac UK has many calls from Members who have been into hospital and returned home malnourished with considerable weight losses which ultimately compromised their return to good health. It is not uncommon for friends or family to have to bring gluten-free food into hospital for people with coeliac disease to ensure they are able to eat.

I hope that you will feel able to join the All Party Parliamentary Group on Coeliac Disease and DH to help raise awareness of this widespread but sometimes misunderstood condition.

Yours sincerely,

[INSERT YOUR NAME]