coeliac uk

Christmas List

Your handy guide to gluten free festive treats, from chocolate and confectionery to Christmas dinner essentials.



Advent Calendars

After Eight
Advent Calendar Mint 195g

Baci
Advent Calendar Assorted Chocolates 278g

Cadbury
Dairy Milk Chocolate Advent Calendar 90g
Dairy Milk Chocolate Chunks Advent Calendar 258g
Dairy Milk Creamy Chocolate Advent Calendar 170g

Galaxy
Smooth Milk Chocolate Christmas Advent Calendar 110g

Kinder
House Advent Calendar 234g

Kinnerton
Barbie Advent Calendar 40g
Bluey Advent Calendar 40g
DreamWorks Gabby's Dollhouse Advent Calendar 40g
Hot Wheels Let's Race Advent Calendar 40g
Paw Patrol Christmas Advent Calendar 40g
Peppa Pig Advent Calendar 40g

Marks & Spencer
Chocolate Lolly Advent Calendar 175g
Made Without Dairy Advent Calendar Choc Shapes 70g
Percy Pig Percymas Advent Calendar 250g
Spencer Bear Advent Calendar 80g

Montezuma's
Organic Milk Chocolate Advent Calendar 150g

Nomo
24 Creamy Choc Drops Advent Calendar 70g
Bluey Advent Calendar 70g
Ultimate Choc Advent 320g

Sainsbury's
Free From Choc Advent Calendar 70g

Brandy Butter, Cream & Sauce

Morrisons
Brandy Butter With French Brandy 200g

Marks & Spencer
Brandy Butter 200g
Collection Brandy Butter 200g

Sainsbury's
Brandy Butter 200g

Make your Christmas dessert your own

Whether you love a generous spoonful of brandy butter or a drizzle of cream, add your favourite finishing touch to make your festive dessert extra special.

Create your own Christmas countdown

Choose your favourite chocolates from our list and make your own 24 day advent calendar. Why not wrap each treat individually for a little surprise to look forward to every morning?

Chipolatas & Pigs In Blankets

Asda
12 Merry Cheesy Pigs In Blankets 222g

Blackgate
Signature 36 Premium Pork Chipolatas 1.2kg

Co-op
10 Irresistible Chicken Chipolatas 340g
10 Irresistible Pork Chipolatas 340g

Edwards The Welsh Butcher
12 Traditional Pork Chipolatas 375g

Finnebrogue
12 Naked Pork Chipolatas 340g

Heck
10 97% Thins Chipolatas 340g
10 Chicken, Red Pepper & Feta Chipolatas 340g
10 Simply Chicken Chipolatas 340g

Marks & Spencer
8 Select Farms Lamb, Garlic & Rosemary Chipolatas 240g
10 Select Farms British Chicken, Tomato & Basil Chipolatas 340g
12 British Outdoor Bred Pork Butchers Chipolatas 340g
12 Collection British Free Range Pork Chipolatas 375g
12 Collection British Outdoor Bred Pork Chipolatas 375g
12 Heritage Gold Pork Chipolatas 375g
Our Best Ever British Outdoor Bred Chipolatas In Blankets 276g

Morrisons
6 The Best Chipolatas In Blankets 243g
12 The Best British Old English Pork Chipolatas 375g
12 The Best Cumberland Chipolatas 375g
12 The Best Pork Chipolatas 375g
20 The Best Pork Chipolatas 560g

Porky Whites
10 British Pork Surrey Chipolatas 360g

Sainsbury's
6 Taste the Difference Pork Chipolatas Wrapped In Bacon 260g
12 Taste the Difference Cumberland Chipolatas 375g
12 Taste the Difference Smooth Pork Chipolatas 375g
12 Taste the Difference Pork Chipolatas 375g
20 Taste the Difference Pork Chipolatas 625g

The Black Farmer
10 Premium Pork Chipolatas 340g

The Jolly Hog
12 Outdoor Bred Little Porkers
12 British Chipolatas With Rubbed Sage 340g

Waitrose & Partners
8 Christmas Pork, Honey & Rosemary Chipolatas Wrapped In Bacon 324g
8 Honey & Rosemary Pork Chipolatas 324g
12 Beef Chipolatas 340g
12 No1. British Free Range Pork Chipolatas 375g
12 Pork Chipolatas With Black Pepper & Nutmeg 375g
Christmas Pigs In Blankets 158g
Pork & Herb Chipolatas With Rosemary & Thyme 375g



Bring a little fun to the table

Serve up a selection of your favourite festive bites and invite everyone to choose their Christmas dinner champion.

Check Coeliac UK's Online Food Information Service for additional products

Chocolates & Confectionery

Check Coeliac UK's Online Food Information Service for additional products

Aero
Festive Orange 90g
Festive Selection 360g

After Eight
Winter Fondants 57g

Asda
Exceptional Christmas Pudding Fudge 150g
Free From Choc Reindeer 100g
Milk Chocolate Festive Friends 75g

Bebeto
Festive Friends Fruit Flavour Foamies 130g

Cadbury
Christmas Mini Snowballs Bag 74g
Dairy Milk Christmas Chocolate Buttons Tube 72g

Elves Behavin' Badly
Naughty or Nice Jelly Bean Game 100g

Haribo
Merry-Mix 160g

Kinder
Chocolate Hollow Santa Figure 55g
Santa Figures 110g
Surprise Chocolate Santa Figure 75g

KitKat
Milk Chocolate Santa 29g

Make a little Christmas treat box

Fill a festive box with your favourite seasonal chocolates and sweets. Perfect for sharing, gifting or keeping for a cosy night in.



Marks & Spencer
5 Christmas Puppy Parade Solid Creamy Milk Chocolates 53g
Christmas Veg 110g
Colin & Connie The Caterpillars Christmas Time 150g
Frosty Jolly Jellies 225g
Made Without Dairy Santa Dairy-Free Choc 30g
Milk Chocolate Bubbly Santa 23g
Magical Christmas Theatre With Lights & Music 245g
Percy Pig Merry Percymas 170g
Swiss Milk Chocolate Santa 100g
Swiss Santa Dispenser With 12 Neapolitan Chocolates 101g
The Happy Christmas Mini Selection 71g

M&M's
Christmas Chocolate Bag 112g
Christmas Chocolate & Peanut Bag 112g
Milk Chocolate Christmas Bag 200g

Milkybar
Festive Friends 57g
Festive Friends 262g

Montezuma's
Festive Characters Dark Chocolate Reindeers 60g

Moo Free
Choccy Santa With Cereal Balls 30g
Festive Friends 35g
Moofreesas Santa Bar 30g
Snowman Bar 30g

Mrs Tilly's
Fabulous Festive Fudge Brandy Cream 400g

Mummy Meegz
Choccy Balls Christmas Cracker 96g
M'z Gems Christmas Cracker 160g

Nomo
6 Christmas Selection Box Treats 76g

Ombar
Festive Edition 55% Dark Chocolate Clementine With Almond Pieces 70g

PLAYin CHOC
Christmas Collection Organic Chocolate + Surprise Toy 120g

Rowntree's
Randoms Sleigh-Tastic 130g

Sainsbury's
Festive Marshmallows 130g
Fizzy Santa's Grotto Sweet Mix 130g
Monster Island Festive Foamies Vanilla & Strawberry Flavour 170g

Skittles
Skittles & Friends Medium Christmas Selection Box 144g

The Snowman & The Snowdog
The Snowman and The Snowdog Marshmallows

Waitrose & Partners
Chocolate Christmas Characters 75g
Christmas Milk Chocolate Lollipops 4 x 10g

Christmas Cakes, Biscuits, Muffins & Cake Ingredients

Asda
4 Free From Christmas Cake Slices 205g

Create a Cake
12 Handmade Christmas Decorations

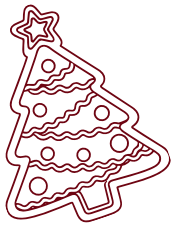
Gem
Home Made Christmas Cake Fruit Mix 970g

Lovemore
Gingerbread Santa's 195g
Iced Fruit Cake Slice 76g
Iced Fruit Cake Slab 330g

Marks & Spencer
Collection Made Without Wheat Perfectly Matured Iced Fruit Cake 400g

Sainsbury's
4 Free From Iced Fruit Cake Slices 210g
Free From Gingerbread Snowman Biscuit 32g
Taste the Difference Free From Festive Shortbread 150g

Waitrose & Partners
4 Free From Iced Fruit Cake Slices 210g
Free From Richly Fruited Christmas Cake 480g



Get creative in the kitchen

Gather your favourite decorations and enjoy an afternoon of festive baking. From iced biscuits to decorated cupcakes, there's plenty of room to make each creation your own.



Christmas Pudding

Asda
Free From Christmas Pudding 400g

Co-op
Free From 6 Month Matured Christmas Pudding 100g

Matthew Walker
The Original Gluten Free Christmas Pudding 100g & 400g

Morrisons
Free From Rich and Fruity Christmas Pudding 100g
Free From Christmas Pudding 400g
The Best 6 Months Matured Luxury Christmas Pudding 100g

Marks & Spencer
Made Without Perfectly Matured Christmas Pudding 454g

Sainsbury's
Free From Christmas Pudding 100g & 400g

The Foods of Athenry
Very Merry Christmas Pudding 400g

Waitrose & Partners
Free From Christmas Pudding 100g

Add your own finishing touch

Serve your Christmas pudding with your favourite accompaniment and a festive flourish. Sometimes, it's the little extras that make a tradition special.



Christmas Toppers

Asda
Festive Gingerbread Men Sprinkles 76g
Festive Hundreds & Thousands 80g
Wonderful Festive Cake Decoration

Cake Décor
8 Edible Christmas Cake Decorations
Christmas Snowflakes 4g
Christmas Sprinkles 90g
Christmas Sprinkles 114g
Crazy Christmas Faces 22g
Festive Figure Edible Christmas Cake Decoration

Create A Cake
Christmas Sprinkles 74g

Dr. Oetker
6 3D Chocolatey Christmas Trees White Chocolate
Chocolatey Christmas Messages White Chocolate Flavour 21g
Christmas Fondant Icing 4 x 100g

Morrisons
Festive Fun Sprinkles 65g
Festive Gold Sprinkles 70g

House of Cake
12 Holly Christmas Sugar Decorations
12 Snowman Polar Bear Sugar Decorations

Sainsbury's
Rudolph Reindeer Sprinkles 75g

Waitrose & Partners
Christmas Festive Sprinkles 55g
Christmas Jolly Holly Sprinkles 55g

Christmas Tree Decorations

Marks & Spencer
Swiss Truffles Tree Decoration 62g
Swiss Chocolate Tree Decorations 130g

Waitrose & Partners
Chocolate Filled Tree Decoration 20g
Christmas Bauble With Chocolate Balls

Cranberry Sauce, Chutney & Conserves

Asda
Cranberry Sauce 200g
Exceptional Festive Chutney With Apple, Fig & Spices 220g

Marks & Spencer
Collection Festive Chutney 225g

Morrisons
The Best Festive Chutney 245g

Sainsbury's
Taste the Difference Christmas Spiced Chutney 220g

Add a little festive magic

Add a festive touch to your celebrations with edible decorations, dessert platters and seasonal drinks. Give Christmas leftovers a delicious twist with chutney in Boxing Day sandwiches or alongside your choice of cheeseboard, and bring everyone together to enjoy a little festive magic.

Check Coeliac UK's Online Food Information Service for additional products

Desserts

Asda
Exceptional Free From Chocolate Yule Log 488g

Just Love
Chocolate Festive Yule Log 320g

Morrisons
The Best Free From Dark Chocolate Yule Log 511g

Marks & Spencer
Collection Made Without Wheat Gluten Free Chocolate Yule Log 465g
Festive Jewelled Jelly Fruit Salad 1.2kg

Sainsbury's
4 Free From Mini Yule Logs 176g

The Glorious Mess
Vanilla Meringue Christmas Trees

Viennetta
Ice Cream Dessert Chocolate Yule Log 650 ml

Waitrose & Partners
Christmas Raspberry & Vanilla Panna Cotta Star 700g

Drinks



Belvoir Farm
Festive Edition Mulled Winter Punch 750ml
Festive Edition Spiced Ginger Punch 750ml

Marks & Spencer
Christmas Cosmo With Cranberry & Pomegranate Juice 75cl
Christmas Milk Hot Chocolate Flakes 240g

Mincemeat & Mince pies

Asda
4 Free From Iced Mince Pies 225g
4 Free From Mince Pies 230g
Festive Mincemeat 411g

Co-op
Free From Mince Pies 220g

Costa
Vegan Mince Tart 85g

Marks & Spencer
4 Collection Made Without Wheat All Butter Mince Pies 220g

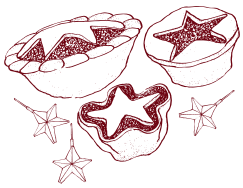
Morrisons
4 Free From Iced Mince Pies 225g
4 Free From Snowflake Mince Pies 220g
9 Free From Mini Mince Pies 275g
The Best Brandy & Gin Mincemeat 411g

Sainsbury's
4 Free From Iced Mince Pies 225g
4 Free From Mince Pies 230g
9 Taste the Difference Free From Mini Mince Pies 254g

The Foods of Athenry
Very Merry Christmas Starry Mince Pies 280g

Waitrose & Partners
2 Free From Mince Tarts 160g
Christmas Mincemeat 410g

We Love Cake
4 Mince Pies 220g



Make time for a mince pie moment

Give your festive favourites a delicious twist! Crumble one of the gluten free mince pies from the list into a batch of homemade ice cream and create the perfect Christmas dessert. Visit our website for inspiration, and enjoy a little extra festive magic with every scoop!

Pâté & Cheese

Haute Fromagerie
Festive Cheese Selection 310g

Marks & Spencer
Collection Festive Pâté Selection 240g

Morrisons
Festive Cheese Selection 4 x 90g
Festive Cheese Selection 448g
Festive Cheeseboard 475g

Sainsbury's
Layered Christmas Pâté 160g

The Crafty Herd
25 Days of Cheese Advent Calendar 390g

Waitrose & Partners
Christmas Festive Pâté Duo 2 x 80g
Christmas Duck Liver Pâté 185g
Christmas Potted Creamy Blue Stilton 200g

Check Coeliac UK's Online Food Information Service for additional products

Ready Meals & Party Food

Asda
Delish Turkey Joint Basted, With A Pork, Sage & Onion Stuffing 850g
Exceptional Festive Crackling Hog Roast 1.69kg
Exceptional Festive Slow Cooked Turkey Breast 960g
Extra Special Sliced British Chicken Breast With Stuffing 120g
Festive King Prawn Ring With Sweet Chilli Sauce 280g
Festive Pigs in Blankets Inspired Chicken Crown 1.09kg

Marks & Spencer
Collection Boneless Free Range Turkey Joint With Pork & Italian Chestnut Stuffing 1kg
Collection Oakham Slow Cooked Turkey Crown On The Bone With Bacon & Stuffing
Collection Oakham Slow Cooked Turkey Crown With Pork & Italian Chestnut Stuffing
Collection Venison Roasting Joint Boneless With A Festive Christmas Jus 660g
Collection Whole Duck With Cherry & Italian Chestnut Stuffing 1.5kg
Oakham Turkey Breast Joint Stuffed With Pork, Sage & Onion Stuffing Boneless 1.9kg

Morrisons
The Best Hampshire Bred Pork Fillet With Pork, Apple & Cranberry Stuffing 750g
The Best Free Range Bronze Turkey Crown With Pork, Sage & Red Onion Stuffing
The Best Lambchetta With Fennel & Sage Stuffing
The Best Tomahawk Steak With Festive Butter

Check Coeliac UK's Online Food Information Service for additional products

Sainsbury's
Just Cook Stock Brined Chicken Breast Crown With A Pork, Bacon & Leek Stuffing 660g
Just Cook Pork Loin Roast With Pork, Sage & Onion Stuffing & Gravy 742g

The Jolly Hog
12 Outdoor Bred Apple & Honey Stuffing Balls
British Pork Sausage Meat Balls 350g

Waitrose & Partners
6 Christmas Smoked Salmon Terrine Slices 110g
10 Christmas Ham & Cheese Croquetas 200g
Christmas Balti-Inspired Baubles 335g
Christmas Chicken Wing Lollipops 350g
Christmas Goose Fat Roast Potatoes 800g
Christmas Prawn Cocktail 400g
Christmas Slow Cooked Ultimate Crackling Pork Belly Feast 1.71kg
EasyCarve Duck With Pork Plum Chestnut Stuffing Hedgerow Berry Glaze

Make more time for what matters

Create an easy festive spread with a selection of party food and ready meals. Spend less time preparing and more time enjoying the celebrations with the people around you.



Savoury, Popcorn, Fruit & Nut Snacks

Joe & Seph's
Gourmet Popcorn Christmas Pudding 75g

Marks & Spencer
Christmas Pigs In Blankets Combo Mix 150g

Morrisons
Stuffing & Gravy Flavour Party Mix 150g

Seabrook
Seasons Eating Beef & Christmas Spiced Gravy Flavour Crisps 120g
Seasons Eating Herb Butter Basted Turkey Flavour Crisps 120g

Waitrose & Partners
Christmas Dark Chocolate Covered Crystallised Stem Ginger 180g
Christmas Dark Chocolate Brazils 175g
Christmas Dark Chocolate Orangettes 175g
Christmas Turkey & Stuffing Flavour Tortilla Chips 200g

Stuffing & Sausage meat

Marks & Spencer
6 Our Best Ever Pork, Chestnut & Bacon Stuffing Parcels 380g
12 Collection Outdoor Bred Pork Stuffing Balls 360g
British Outdoor Bred Pork, Brown Butter & Leek Stuffing 340g
British Outdoor Bred Pork Butchers Pork, Sage & Onion Stuffing 340g
British Pork & Cranberry Stuffing 560g
British Pork, Sage & Onion Stuffing 340g
British Pork, Sage & Onion Stuffing 560g
Collection Outdoor Bred Pork & Italian Chestnut Stuffing 340g
Collection Outdoor Bred Pork & Italian Chestnut Stuffing 560g
Collection Outdoor Bred Pork, Italian Chestnut, Bacon & Cranberry Stuffing Wreath 700g
Collection Whole Duck With Cherry & Italian Chestnut Stuffing 1.5kg

Gordon Rhodes
Gourmet Apple, Apricot & Bay Leaf Stuffing Mix 125g
Gourmet Roast Chestnut & Spiced Cranberry Stuffing Mix 125g
Gourmet Sage & Red Onion Stuffing Mix 125g

Mash Direct
Stuffing Bites 300g

Morrisons
Free From Sage & Onion Stuffing Mix 170g
The Best Pork, Apple & Cranberry Stuffing 350g
The Best Pork, Sage & Caramelised Red Onion Stuffing 350g

Paxo
Gluten Free Sage & Onion Stuffing Mix 150g

Sainsbury's
12 Butcher's Choice Pork, Sage & Onion Stuffing Balls 360g
12 Taste the Difference Pork, Cranberry & Orange Stuffing Balls 360g
12 Taste the Difference Pork, Fresh Sage & Onion Stuffing Balls 360g
Free From Sage & Onion Stuffing 170g
Taste the Difference Apple, Red Onion & Herb Stuffing 110g
Taste the Difference Pork, Fresh Sage & Onion Stuffing 330g

The Jolly Hog
12 Outdoor Bred Apple & Honey Stuffing Balls 350g

Waitrose & Partners
No1. British Free Range Pork Sausagemeat Stuffing With Onion & Sage 375g
No1. British Free Range Pork Stuffing Balls 340g



Gluten Free Mince Pie Ice Cream

Prep: 15 mins | Cook: 30 mins | Serves: 6

Ingredients

- **600ml** pot double cream
- **1 tsp** mixed spice
- **1 tsp** vanilla essence
- **3** large egg yolks
- **100g** golden caster sugar
- **3** gluten free mince pies*

* Check Coeliac UK's Food and Drink Information for suitable products



Method

1. Place the cream, mixed spices, and vanilla in a saucepan, and gently heat for 3 minutes, stirring once or twice.

2. Meanwhile, whisk the yolks and sugar together. Whisk the hot cream into the egg mix, then tip the mix into a clean pan and gently heat for 5 - 10 mins until it coats the back of a wooden spoon. Pour everything into a bowl or plastic container and leave to cool completely.

3. Pass the mix through a sieve into another container, then freeze for 5 hrs, stirring in the frozen edges with a fork every hour until you have a smooth, thick mix.

4. Crumble up the mince pies and add to the ice-cream, then freeze for at least 6 hrs before serving.

This list includes Christmas themed items. For a full list of items that can be included in a gluten free diet, visit our Live Well Gluten Free app or view the product search function on our website: **coeliac.org.uk/product-search**. Tesco products are available via our digital services. For any further questions on suitable products, please contact **foodanddrink@coeliac.org.uk** or phone our helpline on **0333 332 2033**

Our Crossed Grain trademark is a symbol displayed on food packaging showing that food brands have met the stringent gluten free food safety standards imposed by our Crossed Grain trademark certification scheme, so you can shop with confidence and find gluten free foods quickly and easily.



Have yourself a gluten free little Christmas

The festive season is a time to come together, share delicious food and enjoy your favourite Christmas traditions. Whether you're planning a festive feast, preparing treats for loved ones or making the most of leftovers, we're here to help you feel confident and inspired. Visit **coeliac.org.uk** for gluten free recipe inspiration, trusted guidance and helpful resources to support you throughout the Christmas season and beyond.

Looking for even more gluten free inspiration? Become a Coeliac UK member and enjoy access to thousands of member exclusive recipes, from festive bakes and indulgent desserts to delicious dishes for sharing with family and friends. You'll also receive the latest edition of ***Live Well Gluten Free***, packed with seasonal inspiration, a Christmas checklist, festive treats and ideas to help you make the most of the celebrations. Join us today and discover a world of gluten free goodness to make your Christmas extra special.

From all of us at Team Coeliac UK, we wish you a very Merry Christmas and a happy, healthy New Year!