



0333 332 2033

coeliacuk
live well **gluten free**

Food and Drink Guide Updates – April 2026

Additions

Food and Drink Guide - Section 1
Crossed Grain Licenced

Bakery

Cakes & Muffins (p.27)

We Love Cake

Two Breakfast Muffin 168g ☒

Breakfast Cereals (p.32)

Linwoods

Psyllium Husk Powder 100g ☒

Fibre Boost 200g ☒

Protein Boost 200g ☒

Drinks

Energy & Protein Drinks (p.42)

Huel

Black Edition Ready to Drink Blueberry 500ml ☒

Black Edition Ready to Drink Pineapple & Coconut 500ml
☒

Ready to Drink Lite Mango 500ml ☒

Ready to Drink Lite Vanilla Matcha 500ml ☒

Kitchen Cupboard

Cakes Decorations & Cooking Chocolate (p.46)

Betty Crocker

Chocolate Orange Flavour Icing 400g ☒

Sauces, Mustards & Salad Dressings (p.49)

Branston

Rich & Fruity Brown Sauce (Squeezy) 350g ☒

Snacks & Confectionery

Crisps (p.68)

Seabrook

Crinkle Spicy Crisps 6 x 25g ☒

Crinkle Sweetcorn Crisps 5 x 25g ☒

Crinkle Sweetcorn Crisps 6 x 25g ☒

Winnie the Pooh Cheesy Flavour Lentil Puffs 6 x 18g ☒

Winnie the Pooh Honey Flavour Lentil Puffs 6 x 18g ☒

Deletions

The products listed below, have been removed from our service, as they are no longer produced. If you have the product listed in your home, it is still suitable for a gluten free diet. You will however, no longer be able to purchase/order them.

Breakfast Cereals (p.32)

Linwoods

Chia Plus Immune Support 210g ☒

Chia Plus Digestive Support 210g ☒

Prescribable Products

Home Baking (p.22)

Glutafin

Gluten Free Select Fibre Bread Mix 500g

Amendments

Please note a correction to the charity numbers inside the front cover of our Food and Drink Guide 2026 and envelope wrap. We are a registered charity in England and Wales (1048167) and Scotland (SC039804), and a company limited by guarantee (3068044) as per page 186 in the Food and Drink Guide.