



coeliacuk

coeliacuk

Your fundraising pack

By fundraising for Coeliac UK, you are helping us fight for change so people can live happier, healthier lives, and that's amazing. **Thank you!**



You're funding life changing work

Thanks to you, Coeliac UK can support people who need to live without gluten, while also fighting hard for positive change. We receive no government funding, so we rely heavily on our amazing community of donors and fundraisers. Thank you for making all this vital work possible:

Providing vital support

There is no cure for coeliac disease – yet – and the only way to manage the condition is to remove gluten from the diet. Your donations mean our experts are always there to give people trustworthy information and support. Each year our dedicated team supports around 20,000 people, seeking guidance on all aspects of coeliac disease and living gluten free. This is only possible because of amazing fundraisers like you!

Eating out with confidence

We work with healthcare and food professionals to raise awareness of coeliac disease and fight for change. Thanks to your support, we can work with restaurants, supermarkets, schools, hospitals and policymakers to make gluten free choices more widely available.

Research breakthroughs

Coeliac UK is the leading charity funder of research into coeliac disease and the gluten free diet. We've funded research into better diagnostic tests, software that can help patients manage their condition, and psychological resources for children and young people. And there are many more exciting research projects in the pipeline. Thank you for funding research that's taking us closer to a cure.

Get in touch:

For general fundraising questions, or simply to tell us about your event, contact our Fundraising Team on **0333 332 2033**, fundraising@coeliac.org.uk



Tell your friends!

Your fundraising also raises the profile of our work and increases public understanding of coeliac disease, so thank you! If your event has inspired your friends to get involved, let them know about these fun ways to help:

Birthday bonanza

Celebrate a birthday or anniversary with a Facebook fundraiser for Coeliac UK. Set a goal and encourage your friends and family to donate!

Turn clutter to cash

Do you have used ink cartridges, broken jewellery, stamps, foreign currency... or even an old banger of a car? Our recycling partners can turn all of these into funds for Coeliac UK's work.

Shop and give

The pennies soon add up when you use a charity cashback site. Give as you Live, Easyfundraising and Top Cashback all give us a percentage of your online shopping spend at no extra cost to you.

Connect with others

All around the UK, Coeliac UK volunteers host local groups for support and connection. Take a look on our website to see what is happening near you. Or get in touch if you are interested in volunteering, email volunteering@coeliac.org.uk

Get involved:

To find out more, visit www.coeliac.org.uk/get-involved or call **0333 332 2033**.



The sky's the limit!

“ I wanted to raise money and awareness for Coeliac UK by combining two dreams, jumping out of a plane and raising money for a charity that means a lot to me. ”

Curtis

☎ 0333 332 2033

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