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Food and Drink Guide Updates – November 2026

Additions

Food and Drink Guide - Section 1
Crossed Grain Licenced

** Please note, the 🅱 symbol refers to products containing barley or barley derived ingredients and labelled 'gluten free'*

Bakery

Bread (p.26)

OAF

Gluten Free Super Softie Cheese & Herb Sub Rolls 240g ⊗

Gluten Free Super Softie White Sub Rolls 240g ⊗

Breakfast Cereals (p.32)

Just Natural

Organic Apple & Strawberry Muesli 1kg ⊗

Cooking Sauces

World (p.36)

Mizkan

Honteri - Mirin Style Seasoning 275ml ⊗

Honteri - Mirin Style Seasoning 568ml ⊗

Sushi Seasoning 275ml ⊗

Sushi Seasoning 568ml ⊗

Drinks

Alcoholic Drinks (p.42)

Brewdog

Cold Beer 12 x 440ml ⊗ 🅱

Cold Beer 15 x 440ml ⊗ 🅱

Cold Beer 4 x 568ml ⊗ 🅱

Tennents

Gluten Free Beer 24 x 330ml ⊗ 🅱

Light 24 x 330ml ⊗ 🅱

Light 24 x 440 ml ⊗ 🅱

Energy & Protein Drinks (p.42)

Huel

Gluten Free Banana Powder 1kg ⊗

Kitchen Cupboard

Home Baking (p.46)

Aduna

Fonio 1kg ⊗

Pasta & Noodles (p.58)

Freee

Maize & Rice Fusilli 88 Pasta 1kg ⊗

Snacks & Confectionery

Biscuits (p.66)

Walkers

All-Butter Chocolate Chip Shortbread 140g ⊗

Crisps (p.68)

Seabrook

Sea Salt & Sarson's Vinegar Flavour Thick Cut Crinkle Crisps 130g ⊗

Beefy Flavour Crinkle Cut Crisps 150g ⊗

Beefy Flavour Crinkle Cut Crisps 18g ⊗

Savoury Snacks (p.70)

Seabrook

Sour Cream & Onion 16g ⊗

Pickled Onion Waffle Bites 6 x 16g ⊗

Pickled Onion Waffle Bites 90g ⊗

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Deletions

The products listed below, have been removed from our service, as they are no longer produced. If you have the product listed in your home, it is still suitable for a gluten free diet. You will however no longer be able to purchase them from retailers.

Prescribable Products

Pizza & Pizza Bases (p.22)

Juvela

Gluten Free Pizza Bases 180g ⊗

Bakery

Bread (p.26)

Genius

Tiger Bloomer 400g ⊗

Naturally Genius Gluten Free White Loaf 430g ⊗

Naturally Genius Gluten Free Brown Loaf 430g ⊗

Naturally Genius Gluten Free Five Seed Loaf 430g ⊗

Toastie Sliced Loaf 430g ⊗

White Bread 400g ⊗

Cakes & Muffins (p.27)

Genius

Rocky Road Featuring Candy Kitten Wild Strawberry 180g ⊗

Dairy, Dairy Alternatives & Desserts

Puddings & Gateaux (p.40)

We Love Cake

Sticky Toffee Pudding 210g ⊗

Kitchen Cupboard

Cake Decorations & Cooking Chocolate (p.46)

Betty Crocker

Salted Caramel Icing 400g ⊗

Ready Meals, Pre Prepared Products & Side Dishes

Meatless Alternatives (p.63)

Macsween

Scottish Veggie Crumble 227g ⊗

Scottish Veggie Crumble 454g ⊗

Scottish Veggie Crumble 1.36kg ⊗

Ultimate Veggie Burgers 228g ⊗

Gluten Free Haggis 200g ⊗

Snacks & Confectionery

Cereal & Fruit Bars (p.67)

Eat Natural

Almond & Apricot With A Yoghurt Coating 50g ⊗

Protein Packed With Peanuts & Chocolate 45g ⊗

Dark Chocolate With Cranberries & Macadamias 45g ⊗

Dark Chocolate With Cranberries & Macadamias 33g ⊗

Vegetarian Foods

Ready Meals, Pre Prepared Products & Side Dishes – Meatless Alternatives (p. 74)

Gosh!

Veggie Cocktail Sausages With Sage & Black Pepper 216g ⊗

Aloo Tikki Bites 171g ⊗

Katsu Bites 171g ⊗

Ready Meals, Pre Prepared Products & Side Dishes – Vegetable Dishes (p. 74)

Gosh!

Caponata Burgers 200g ⊗

Autumn Harissa Burgers 200g ⊗

Super Greens Burgers 200g ⊗

Winter Roots Burgers 200g ⊗