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Food and Drink Guide Updates – October 2026

Additions

Food and Drink Guide - Section 1
Crossed Grain Licenced

Bakery

Bread (p.26)

La Fonda

88 Corn Placera Tortillas 9 kg ☒

54 Corn Taquera Tortillas 9 kg ☒

Extra Large Corn Tortillas 1.3kg ☒

Tradicional Corn Tortillas 480g ☒

Cakes & Muffins (p.27)

Lola's Cupcakes

Gluten Free Rainbow Vanilla Cupcake 121g ☒

Gluten Free Chocolate & Raspberry Cupcake 141g ☒

Breakfast Cereals (p.32)

Freee

Cinnamon Hoops 25g ☒

Gluten Free Chocolate Muesli 400g ☒

Gluten free Swiss Style Muesli 450 g ☒

Kitchen Cupboard

Baking Aids (p.46)

Doves Farm

Organic Cornflour 110g ☒

Home Baking (p.46)

Freee

Gluten Free Crumble Mix 225g ☒

Gluten Free Dumpling Mix 135g ☒

Gluten Free Yorkshire Pudding Mix 130g ☒

Pasta & Noodles (p.58)

Freee

Organic Multigrain Penne 400g ☒

Maize & Rice Tortiglioni Pasta 1kg ☒

Ready Meals, Pre Prepared Products & Side Dishes

Breaded Chicken & Fish Products (p.62)

Little Dish Superstars

Cheesy Chicken Nuggets with Hidden Veg 300g ☒

Italian (p.63)

Mr Organic

Pumpkin Gnocchi 350g ☒

Pies & Pastry (p.63)

Genius

Chicken Tikka Pie 360g ☒

Pizza & Pizza Bases (p.63)

Crosta & Mollica

Margherita Pizza 325g ☒



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Deletions

The products listed below, have been removed from our service, as they are no longer produced. If you have the product listed in your home, it is still suitable for a gluten free diet. You will however no longer be able to purchase them from retailers.

Bakery

Cakes & Muffins (p.27)

Costa

Vegan Fruity Flapjack 58g ☒

Breakfast Cereals (p.32)

Lizi's

Gluten Free Caramelised Almonds, Hazelnuts & Pecans 350g ☒

Cooking Sauces

World (p.36)

Mizkan

JS-47 Sushi Seasoning ☒

JS-Alpha Sushi Seasoning ☒

Sushi Seasoning 6 x 275ml ☒

Sushi Seasoning 6 x 568ml ☒

The Vinegar Company

White Spirit Vinegar 5% Acidity 2 x 5L ☒

Drinks

Alcoholic Drinks (p.42)

BrewDog

Punk IPA Gluten Free 12 x 330ml ☒

Peach Cold Beer 4 x 440ml ☒

Peach Cold Beer 10 x 440ml ☒

Skinny Brands

IPA 330ml ☒

Skinny IPA 4 x 330ml ☒

Skinny IPA 12 x 330ml ☒

Lager 330ml ☒

Lager 4 x 330ml ☒

Lager 6 x 330ml ☒

Lager 12 x 330ml ☒

Lager 24 x 330ml ☒

Kitchen Cupboard

Breadcrumbs, Batters Pancakes & Yorkshire Pudding Mixes (p.46)

Freee

Batter Mix Blend 16kg ☒

Herb & Spice Mixes (p.46)

Pancho Villa

Fajita Smoky BBQ Seasoning Mix 30g ☒

Home Baking (p.46)

Doves Farm

Organic White Rice Flour 1kg ☒

Organic Quinoa Flour 310g ☒

Organic Teff Flour 325g ☒

Freee

Quinoa Flour 110g ☒

Buckwheat Flour 110g ☒

Brown Rice Flour 120g ☒

Chickpea Flour 100g ☒

Tapioca Flour 100g ☒

Potato Flour 120g ☒

Gluten Free Chocolate Chip Cookie Mix 350g ☒

Gluten Free Chocolate Brownie Mix 350g ☒

Oats

Cakes & Muffins (p.52)

Costa

Vegan Fruity Flapjack 58g ☒



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Pasta & Noodles (p.58)

Freee

- Non-Organic Maize & Rice Spaghetti 400g ☒
- Organic Four Grain Tortiglioni 500g ☒
- Organic Four Grain Penne 500g ☒
- Four Grain Tortiglioni 500g ☒
- Four Grain Fusilli 500g ☒
- Four Grain Penne 500g ☒
- Organic Four Grain Fusilli 500g ☒
- Red Lentil Penne 250g ☒
- Green Pea Penne 250g ☒
- Maize & Rice Lasagne 250g ☒

Ready Meals, Pre Prepared Products & Side Dishes

Burgers, Kebabs & Meatballs (p.62)

The Harrogate Sausage Co.

- 2 Steak & Butter Burgers 320g ☒

Sausages & Sausagemeat (p.64)

Heck!

- 10 Spring Chicken Chipolatas 340g ☒

The Harrogate Sausage Co.

- 6 Original 97% Pork Sausages 400g ☒
- 6 Original Breakfast Sausages 400g ☒

Snacks & Confectionery

Biscuits (p.66)

Freee

- Chocolate Chip Cookies 180g ☒
- Double Chocolate Chip Cookies 180g ☒

Cereal & Fruit Bars (p.67)

Freee

- Kids Apple & Sultana Oaty Bar 5 x 25g ☒
- Coconut & Chocolate Oat Bar 35g ☒

- Coconut & Chocolate Oat Bar 4 x 35g ☒

- Banana & Hemp Seed Oat Bar 35g ☒

- Banana & Hemp Seed Oat Bar 4 x 35g ☒

Confectionery (p.68)

Hu Kitchen

- Simple Milk Chocolate 60g ☒