

Individual Healthcare Plan (IHCP)

TEMPLATE

Child/young person details

Child's name:		
Nursery/school/college		
Child's Address		
Year group		
Date of birth		
Medical diagnosis	[e.g. coeliac disease / dermatitis herpetiformis]	Diagnosed since
Explanation of condition	[Information provided in 'Coeliac disease in school' pack]	
Other medical conditions		
Allergies		
Date		
Review date	[Agree a date for review. This should be at least annually or when any aspect of your child's condition/care changes]	

Family contact information

Name		
Relationship to child		
Telephone number	Home Work Mobile	
Email		
Address if different to child		
Name		
Relationship to child		
Telephone number	Home Work Mobile	
Email		
Address if different to child		

Other essential contacts

Contacts	Contact number
General Practitioner	
Class teacher	
Health visitor/School nurse	
Special Educational Needs Co-ordinator (if applicable)	
Other relevant teaching staff (trained on diet)	[e.g. Food Technology teacher]
Other relevant non-teaching staff (trained on diet)	[e.g. catering manager]
Head teacher	

Describe and give details of child's symptoms, triggers, signs, environmental issues etc.

[Describe specific symptoms to your child if they eat gluten]

Name of treatment, medication, dose, method of administration, when to be taken, side effects, contraindications, administered by/self-administered with/without supervision

[Include specifics about your child's gluten free diet]

Daily care requirements

[Include specifics about your child's gluten free diet]

Specific support for the pupils educational, social and emotional needs

[Include specifics about your child]

Arrangements for school visits/trips etc.

[Include specifics about your child's gluten free diet]

Describe what constitutes an emergency, and the action to take if this occurs

[Include any specifics about your child]

Staff training needed/undertaken – who, what, when

[e.g. catering training]

Plan developed with and agreed by

	Name	Signatures	Date
Young person/child			
Parents/carer			
School representative (include job title)			
Health visitor/ School nurse			