

The psychology of coeliac disease and gluten free diet adherence – Dr Kirby Sainsbury

Please type your answers below and print for your records or print this document and complete by hand.

Q1	What is the intention-behaviour gap?
A	
Q2	Do people with coeliac disease express more depressive symptoms compared with controls? How might depressive symptoms affect adherence to the gluten free diet?
A	
Q3	Which factors can help to maintain adherence to the gluten free diet?
A	
Q4	How can the factors related to adherence, described in the talk, be incorporated into current practice to support adherence to the gluten free diet?
A	
Q5	From this talk, what have you learnt about children and adolescents with coeliac disease?
A	

After answering these questions, should you require any further information, please contact us at ruth.passmore@coeliac.org.uk. You can also discuss this further on our HCP forum: www.coeliac.org.uk/hcp-forum.