

MEMBER2MEMBER VOLUNTEER APPLICATION FORM

Coeliac UK's Member2Member peer support service taps into the knowledge and experience of members living gluten free, offering those new to the diet an extra level of one to one support.

We link up members and volunteers by experiences and the support required, so you can share your stories, learn from other members, pick up tips and recommendations or even make a new friend. You can provide support via phone or email.

Support is available to all members including parents or carers of people living gluten free, due to coeliac disease or another medical condition.

You don't need any previous volunteering experience – just a willing attitude and confident phone manner. All volunteers are provided with the Member2Member Volunteer Handbook and training to guide them through the role and direct support from Coeliac UK.

Signing up to be a Member2Member volunteer is easy – just complete both pages of this form and send back to us at the address provided.

“I have found being a **member2member volunteer** interesting and rewarding. Members have many of the same concerns I had and I am able to reassure and provide useful, practical advice.”

Amanda, Member2Member volunteer

Your details

Name

Membership number

Address

.....

.....

.....

Telephone number

Email address

Best contact times

Tick if you are a current student

Place of study

Please tick:

I consent to Coeliac UK using the information I have provided in this application form, including medical information, to match me with other members of the charity who require Member2Member support.

Your data is important to us. To view our privacy policy please visit www.coeliac.org.uk/privacy-policy/

Who is the person(s) on a gluten free diet in your household?

- | | |
|--|---|
| <input type="checkbox"/> Myself | <input type="checkbox"/> Someone I care for |
| <input type="checkbox"/> My partner/spouse | <input type="checkbox"/> Other |
| <input type="checkbox"/> My child/children | |

Member2Member is available to all Coeliac UK members, including parents of children with coeliac disease or another medical condition requiring a gluten free diet. Occasionally, a parent requests support to put their child in touch with another child so they can talk to someone of a similar age.

Tick this box if you are happy to facilitate discussions between your child, and the member's child.



Why do you want to be a Member2Member volunteer?

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Additional information to help Coeliac UK to make the most suitable matches

Can you share your own personal experiences of dealing with any of the following medical conditions:

- Anaemia
- Dermatitis herpetiformis
- Diabetes
- Irritable bowel syndrome
- Lactose intolerance
- Osteoporosis
- Thyroid disease
- Other.....

Can you share your own personal experiences of managing any of the following diets:

- Lactose free
- Nut free
- Vegan
- Vegetarian
- Other.....

Can you share your own personal experiences of supporting

- Children 0-4
- Children 5-11
- Children 12-16
- Those requiring care
- People diagnosed in later life

Are you confident talking about your own personal experiences of dealing with the following:

- Cooking at home Yes No
- Cross contamination Yes No
- Eating out Yes No
- Raising awareness in schools Yes No
- Shopping Yes No
- Travelling in the UK Yes No
- Travelling overseas Yes No

Please send this completed form back to:

Member2Member
 Coeliac UK
 Freepost HY436
 High Wycombe
 Buckinghamshire
 HP11 2QW

0333 332 2033
 facebook.com/CoeliacUK
 @Coeliac_UK
 @coeliacuk

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www.coeliac.org.uk