

Exploring the Coeliac Fermentome and Microbiome

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Figure adapted from Nemutlu E et al. 2011;53:529–534



Volatile organic compounds (VOCs)

- Disease alters gut flora
- 'dysbiosis' with altered fermentation patterns
- Organic compounds in the gas phase
- Colonic fermentation by gut bacteria/ physiological metabolic processes
- Released in breath, urine, faeces, blood, sweat

Arasaradnam RP et al. Dig Liver Dis 2016;48:148–153.









University Hospitals NHS Coventry and Warwickshire

Instrumentation for detecting Volatile Compounds (electronic nose)



University Hospitals **NHS** Coventry and Warwickshire NHSTrust 4

Urine VOC for diagnosis of coeliac disease





Arasaradnam et. al. 2014

Fermentome and Microbiome study

Exploratory study

- Changes to the VOC signal in response to gluten
 - What were the chemicals
- Changes in the microbiome
 - Was there a shift in pattern
- Immune regulated genes & microbiome



Controls (n=18)

control 1: raised tTG but normal histology; DQ2/DQ8 positive in 50% control 2: normal tTG and histology control 3: normal tTG



URINE VOC (VOLATILE ORGANIC COMPOUNDS)

Urine VOC – separation of coeliac disease patients pre diagnosis and 6 months later



GaussianProcess (AUC = 0.94)



- AUC = 0.94 (0.81 1)
- sensitivity = 1 (0.63 1)
- specificity = 0.88 (0.47 1)
- PPV = 0.89
- NPV = 1

Urine VOC – separation of coeliac disease patients from control 1 and 2



Control 1

Control 2

GaussianProcess (AUC = 0.98)

GaussianProcess (AUC = 0.98)







EXPLORING THE MICROBIOME

Microbiome – next generation sequencing

- shotgun metagenome sequencing (Nextseq 550)
- Entire genome within the sample
- Taxonomic classifier to identify bacteria, archaea, virus and fungi communities in the samples.
- Relative abundance and diversity table
- Principle component analyses was used to identify differential features in that data
- Potential to explore functional pathways



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Bacteria - Firmicutes





Composition Index





Role of viruses?



- immune system of the intestinal mucosa can discriminate between pathogenic and commensal organism Li Z Plos One 2012
- Enterovirus possible trigger for CD

Kahrs CR BMJ 2019

• Novel immune related genes (WES)

Mistry I Plos One 2015

- Exploratory work
- Using the data from Mistry et al (2015), we selected two rare immune related genes (from their deep exosome study) to further analyse the presence of mutations in our samples



Genes selected where TULP1 and MALT1

Gene	Chr: position	SNV	PolyPhen Prediction	dbSNP132 ID/function	Cases validated/Cases tested
FAM179A	2:29259543	c.2555T>C	-	rs72788155/missense	2/6
NLRC4*	2:32474767	c.2166T>G	Probably damaging		6/6
EPAS1*	2:46607609	c.1798G>A	Possibly damaging	-	7/7
STON1	2:48809609	c.1837C>G	Probably damaging		2/7
ARHGAP25*	2:69040504	c.739G>A	Probably damaging	rs61758703/missense	4/4
IQGAP2	5:75969341	c.3136G>T	-	-	1/6
DMGDH	5:78293933	c.2573A>C	Probably damaging	-	4/6
KIF13A	6:17826085	c.1700A>C	-	-	5/5
BRD2	6:32942277	c.68G>A	Probably damaging	rs55650502/missense	4/6
GRM4*	6:34101193	c.81G>A	Benign	-	5/5
TULP1*	6:35471412	c.1247G>A	Probably damaging	-	5/5
SYTL2	11:85445365	c.1004C>G	Probably damaging	rs74718633/missense	2/6
ABCA9	17:67039672	c.758C>T	Possibly damaging		4/4
KCNJ16*	17:68129412	c.1184A>G	Benign	-	4/4
SDK2	17:71431712	c.1072C>T			1/4
MALT1*	18:56402558	c.1567G>A	Probably damaging	-	6/6
ACOT8*	20:44470575	c.862C>T	Probably damaging	-	4/4
EYA2	20:45808514	c.1267C>T	Possibly damaging	-	1/4



Reduced expression of both TULP1 & MALT-1 in those with CD



Conclusions

- Utility of urine VOCs to detect changes in those with coeliac before and after treatment
- Chemicals detected accompany observed changes in the microbiome uncultured species; Discovery phase
- Microbiome shift towards controls in those with coeliac disease that commence a gluten free diet
 - Further exploration of immune related genes and viral triggers
 - specific chemicals and bacterial metabolic function ('what are they doing?')

Early insight into metabolic changes at cellular level in those with coeliac disease



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