## GLUTEN-FREE

## Carlucciós

## **PICCOLO**

**Mixed Olives** @ 3.25 Mixed marinated pitted olives

**Nocellara Olives** © 3.95 Green unpitted Sicilian olives

Pesto Nuts 2.25

Broad beans, peanuts and cashews coated in a basil pesto

## **ANTIPASTI**

Zuppa di Funghi ♥ 5.95

A rich and earthy soup of porcini, shiitake & oyster mushrooms. With gluten-free bread

**Tomato Bruschetta** @ 6.25

Mixed cherry tomatoes, garlic and basil on glutenfree bread, finished with extra virgin olive oil

Prawns Marinara HERITAGE DISH 7.95 King prawns marinated in chilli and fennel seeds in a tomato white wine & garlic sauce. With gluten-free bread

#### Chicken Liver Pâté 6.95

With red onion marmalade and gluten-free bread

**Antipasti Plate 7.95** 

24 month aged Parma ham, Spianata Calabrese, Finocchiona salami, artichoke, semi dried tomatoes, olives & caper berry with gluten-free bread

#### Burrata 7.95

Whole Pugliese burrata with 24 month aged Parma ham, aged balsamic vinegar and gluten-free bread

**Caprese Salad** © 6.95

Buffalo mozzarella, sliced beef tomatoes, basil and olives drizzled with extra virgin olive oil

## **PASTA**

Our gluten-free rigatoni pasta is made with corn and chickpea flour. They are small, tube-shaped PASTA WITH RIDGES

Beef Ragù heritage dish

13.95

Slow-cooked beef & red wine ragù with black olives and herbs. We still use Antonio's original recipe in our kitchen every day

15.45

Prawns, whole mussels and squid in a crab & chilli sauce. Topped with bottarga

Veganesca 🌝

10.25

A puttanesca style sauce of olives, capers, tomato, chilli, and garlic garnished with toasted mixed nuts and raisins

Giardiniera without Spinach Balls 10.95

Grated courgette, garlic, chilli and cheese

Carbonara Eggs, guanciale, cheese and black pepper 11.25

Pomodoro e Basilico

10.25

Tomato & basil sauce

10.25

## **SALAD**

#### Chicken, Avocado and Pancetta

Chicken, pancetta and avocado with green beans, red onion, semi dried tomatoes, olives and mixed leaves finished with a balsamic dressing

### **GELATO & SORBET**

Affogato 💟 Vanilla ice cream topped with a shot of hot espresso 4.50

**Tomato Salad** © 3.75

Add Frangelico 2.00

Gelati 🕑

2 scoops 4.95 / 3 scoops 5.95

Based on Antonio's original recipes

ARABICA COFFEE & HAZELNUT / BITTER CHOCOLATE / VANILLA / STRAWBERRY

Sorbet ®

LEMON / PASSION FRUIT

2 scoops 4.95 / 3 scoops 5.95

#### HERITAGE DISHES

These favourites from our recipe archive are inspired by the menu at Antonio Carluccio's very first restaurant, in Neal St, Covent Garden.

### SECONDI

Minute Steak

Pan fried thinly tenderised minute steak served pink with sautéed garlic and rosemary potatoes, green salad and Parmigiano-Reggiano

Sirloin Steak

Pan fried dry-aged 8oz\* Casterbridge sirloin with sautéed garlic and rosemary potatoes and rocket

Add Garlic butter / Mushroom sauce / Gorgonzola sauce each 2.00

Pan Fried Sea Bass Fillets

15.95

Served on a tomato & white wine salsa with sautéed garlic potatoes Cod with Semi Dried Tomato Pesto

Pan fried cod on a bed of fresh mussels, tomatoes, peas &

edamame. Topped with our semi dried tomato pesto

Risotto ai Funghi V HERITAGE DISH

13.25

A mix of porcini, oyster & shiitake mushrooms with garlic Add Truffle oil for 1.25 V / Add Chicken for 2.75

Chicken & Pesto Risotto

13.95

Chicken, spinach and pesto with Parmigiano-Reggiano shavings

## SIDES

#### Pan Fried New Potatoes © 3.45

Garlic and rosemary

**Tenderstem** 

Broccoli © 3.95

Chilli, garlic and toasted almonds

Green Beans @ 3.45

**Spinach 6** 3.45

With red onion and a balsamic dressing

Mixed Salad @ 4.45

Mixed leaves with yellow peppers, tomatoes, red onion, tenderstem broccoli and semi dried tomatoes, finished with a balsamic dressing

#### **Green Salad** 3.95

Baby gem & rocket leaves with Parmigiano-Reggiano shavings, finished with a balsamic dressing

### DESSERTS

Panna Cotta

6.25

Vanilla panna cotta with raspberry coulis

**Formaggi** 

7.95

Italian fine cheeses from our deli with truffle honey and walnuts. Taleggio, Gorgonzola Verde, Parmigiano-Reggiano

## GLUTEN-FREF BREAKFAST

# Carlucciós

## **SIGNATURE**

**Traditional** 

Your choice of eggs with pan-fried pancetta, sautéed mushrooms, slow roasted tomatoes and toasted gluten-free bread

**Vegetarian** 📎

9.25

Your choice of eggs with smashed avocado, sautéed mushrooms, slow roasted tomatoes, pumpkin seeds and toasted gluten-free bread

9.25

Vegan 🗸 🌝

9.25

Smashed avocado, pumpkin seeds, sautéed potatoes, spinach and slow roasted tomatoes

**EGGS** 

**Benedict** Roast ham with poached eggs and hollandaise on toasted gluten-free bread

Royale

9.25

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8.75

Smoked salmon with poached eggs and hollandaise on toasted gluten-free bread

Go Magnifico!

11.50 per person

Any signature or eggs breakfast with a tea or coffee and a juice

Florentine **(v)** 

Spinach with poached eggs and hollandaise on toasted gluten-free bread

Avocado & Poached Eggs V

7.95

7.95

Smashed avocado with poached eggs and pumpkin seeds on gluten-free bread

Add Smoked salmon / Pan fried pancetta each 2.00

Classic Eggs **(V)** 

5.95

Your choice of eggs on toasted gluten-free bread Add Pan fried pancetta / Smoked salmon / Sautéed mushrooms 🔍 each 2.00

> We are passionate about good food, that's why the eggs we use are always free range

**SIDES** 

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Sautéed Mushrooms ® Smashed Avocado (© **Smoked Salmon** 2.00 2.00 2.00 Pan Fried Pancetta Spinach ® 2.00 2.00 **Slow Roasted Tomatoes** © 2.00

JUICES & SMOOTHIES		DRINKS	
Fresh Orange / Fresh Apple / Fresh Lemonade	3.00	Peach Bellini Peach juice, peach liqueur and Prosecco	7.25
Pago Peach / Pago Cranberry / Spiced Tomato	2.95	Mimosa Prosecco and fresh orange juice	7.25
Red Berry Smoothie	3.95	Bloody Mary Spiced tomato juice with Ketel One Vodka	8.00

garnished with a celery stick

V Vegetarian VG Vegan

Mango Passion Fruit Smoothie

Allergen Advice: We don't list every ingredient on our menu, if you have any allergies or intolerances please let us know so we can assist you before you order. We make our dishes fresh on site, so cannot guarantee that there will be no cross-contamination. All dishes may contain traces of nuts

3.95



The GF trademark denotes a gluten free dish as accredited by Coeliac UK. Processes and training are in place to ensure that meals on this menu are gluten free. 'Gluten free' describes food that contains gluten at a level of 20 parts per million (ppm) or less.

<sup>\*</sup> Approximate uncooked weight Spirits come in 50ml, just ask if you would prefer 25ml Our tipping policy is available on our website at carluccios.com/tippingpolicy Prices shown are inclusive of VAT at current rate carluccios.com JUL20UK