COEIIOCUIK live well gluten free

HOW TO MAKE YOUR CHEF'S HAT

- 1. Ask an adult to print this out for you.
- 2. Colour in and decorate your chef's hat.
- **3.** Cut out the hat and place it to one side (ask an adult if you need help using scissors).
- **4.** Take another piece of paper, and cut two long thin strips, approximately one inch wide and eight inches long.
- **5.** Glue the end of each strip and stick to the back of your chef's hat.
- **6.** You should now have a hat with two long strips sticking out of each side.
- 7. Hold the hat at the centre of your forehead and get an adult to wrap the strips around the back of your head and mark where they join with a pencil.
- **8.** Once they have done this, ask them to shorten the strips and glue both ends together.
- 9. Your chef's hat is now ready to wear!