

NO ONE KNOWS COELIAC DISEASE AND GLUTEN FREE LIKE WE DO, AND WE'RE HERE TO HELP

Coeliac UK is one of the largest funders of research into coeliac disease and gluten related conditions in the UK, everything we do is powered by experts. Our members have access to **all our expertise** and we'd like you to be part of our community too.

Join us now from just £1.25 per month



Take a look at the excellent services and independent support our members can count on.

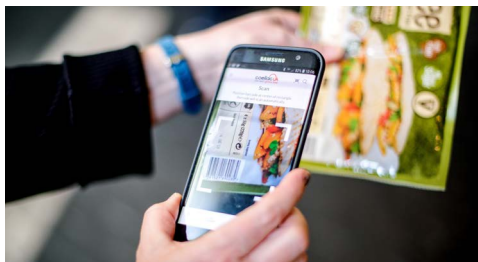
Welcome pack

Living well gluten free starts here, with our Guide to getting started, Gluten free checklist, Coeliac disease factsheet and our printed annual Food and Drink Guide.



Find suitable foods with our quick scan app

Our award winning Gluten Free Food Checker app has information on almost **200,000** products. It's got a handy barcode scanner and dietary preference filters. Gluten free food shopping has never been so easy!



Eat out with confidence

More than **7,000** recommended food venues with gluten free options, including those with our Gluten Free Accreditation. Search what's nearby in our award winning Gluten Free on the Move app or browse our [Eating Out Venue Guide](#) on our website.

Delicious gluten free recipes tested by us

No more trial and error. Visit the **Home of Gluten Free Recipes** for inspiration and access to over 1,000 delicious recipes you can trust.



The UK's ONLY gluten free lifestyle magazine

Live Well Gluten Free – packed with news and updates, the latest research, exclusive recipes and tips twice per year to make the most of a gluten free diet.



Expert advice from registered dietitians

On social media, via email, web chat, by calling our Helpline on 0333 332 2033 or in dedicated online workshops.*

Exclusive member offers and discounts

Save up to £200 per year with offers, discounts and giveaways.

Community support

Through our local groups, social media and Member2Member service. Plus travel guides for over 50 countries and additional dietary factsheets.

Be part of a better gluten free future

We're the only charity for people with coeliac disease and gluten related conditions. With the support of our members we can keep funding research into the disease and providing expert help to those who need us.

coeliacuk
live well **gluten free**

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www.coeliac.org.uk

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