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## Food and Drink Guide Updates – May 2022

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### Additions

Food and Drink Guide - Section 1  
Crossed Grain Licenced

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### Bakery

**Bread** (p.20)

#### Genius

Tiger Bloomer 400g ☒

**Rolls** (p.24)

#### Genius

Country White Cob 400g ☒

### Breakfast Cereals

 (p.26)

#### Nature's Path

Honey Almond Granola 312g ☒

Nice & Nobbly Granola

Pumpkin & Almond 312g ☒

### Drinks

**Energy & Protein Drinks** (p. 41)

#### Huel

Banana 1.06kg ☒

Berry 1.06kg ☒

Chocolate 1.06kg ☒

Cinnamon Swirl 2.06kg ☒

Iced Coffee Caramel 2.06kg ☒

Salted Caramel 2.06kg ☒

Strawberries & Cream 2.06kg ☒

Vanilla 1.06kg ☒

### Ready Meals, Pre Prepared Products and Side Dishes

**Meat Ready Meals** (p.64)

#### Ashfields

Tempura Chicken Nuggets 270 g ☒

**Pizza & Pizza Bases** (p.66)

#### White Rabbit Pizza

Chick'n & Pesto Calzone 290g ☒

**Rice & Alternatives** (p. 66)

#### Harvest Morn

Corn Cake Thins 130g ☒

**Sausages & Sausage meat** (p.67)

#### Specially Selected

New York Deli Style Hot Dogs 400g ☒

Pork, Bacon & Leek Sausages 400g ☒

Pork, Mature Cheddar & Jalapeno Footlong Sausages 450g ☒

Tuscan Sausages 400g ☒

**Live Kindly**

'No Porkies' Sausages 6 x 0.27kg ☒

**Snacks & Confectionery****Cereals and Fruit Bars (p.74)****Harvest Morn**

Rice Cakes Healthy – Multigrain 130g ☒

Rice Cakes Healthy - Sea Salt 130g ☒

**Specially Selected**

Nut Bar Chocolate & Sea Salt 40g ☒

Nut Bar Peanut Butter 40g ☒

**Truly**

Apple & Cinnamon Flapjack 40g ☒

Apple & Cranberry Flapjack 40g ☒

Chocolate Chip Flapjack 40g ☒

Cranberry & Pumpkin Seed Flapjack 40g ☒

Double Chocolate Chip Flapjack 40g ☒

**Confectionery (p.75)****Harvest Morn**

Rice Cake Bars with Salted Caramel Flavour  
Chocolate Coating 90g ☒

**Ready Meals, Pre Prepared  
Products and Side Dishes****Soups (p. 68)****Marks & Spencer**

Pea & Ham Soup

**Snacks & Confectionery****Nuts & Seeds (p. 76)**

Nobby's Nuts Classic Salted Peanuts 50g

Nobby's Nuts Salted Cashew Nuts 40g

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**Deletions**

The following products have been removed from our food and drink information service as they are no longer produced or suitable for the gluten free diet.

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