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Food and Drink Guide Updates – September 2022

Additions

Food and Drink Guide - Section 1

Crossed Grain Licenced

Bakery

Pies & Tarts (p. 24)

We Love Cake

Lemon Tarts 150g ☒

Salted Caramel & Chocolate Tarts 170g ☒

Kitchen Cupboard

Sauces, Mustards & Salad Dressings (p.47)

Henderson's Relish

Natural Henderson's Relish 1L ☒

Natural Henderson's Relish 15ml ☒

Henderson's Relish 15ml ☒

Pasta & Noodles (p.58)

Al Dente

Gluten Free Corn & Rice Pasta 250g ☒

Ready Meals, Prepared products & Side Dishes

Burgers, Kebabs & Meatballs (p.62)

Butcher's Selection

Low Fat Irish Beef Burgers 510g ☒

Heck

Meat – Free Burger 170g ☒

Meat Ready Meals (p.64)

Ashfields Farm

Tempura Chicken Mini Fillets 650g ☒

Sausage & Sausagemeat (p. 67)

Aldi

Candied Pigs in Blankets 252g ☒

Pork & Caramelised Onion Chipolata Sausages 375g ☒

Ashfields Farm

Chicken & Black Pepper Pig in Blanket 247g ☒

Italian Style Chicken Chipolatas 340g ☒

Specially Selected

Pork Sausages 667g ☒

Pork, Honey & Arran Mustard Sausages 400g ☒

Heck

Cumberland Sausages 400g ☒

Snacks & Confectionery

Biscuits (p.72)

Prewetts

Gingerbread Men 154g ☒

Cereal & Fruit Bars (p.74)

Harvest Morn

Milk Chocolate Mini Rice Cakes 60g ☒

Yoghurt & Orange Mini Rice Cakes 60g ☒

Yoghurt Mini Rice Cakes 100g ☒

Deletions

The following products have been removed from our food and drink information service as they are no longer produced or suitable for the gluten free diet.

Oats

Ready Meals, Prepared products & Side Dishes

Meatless Alternatives (p.52)**Amy's Kitchen**

Gluten Free Manhattan Veggie Burger 270g ☒

Ready Meals, Prepared products & Side Dishes**Indian (p. 63)****Amy's Kitchen**

Mattar Paneer 269g ☒

Vegetable Korma 269g ☒

Italian (p.64)**Amy's Kitchen**

Mushroom Risotto 265g ☒

Three Cheese & Kale Bake 241g ☒

Vegetable Lasagne 255g ☒

Vegetable Lasagne 255g ☒

Meatless Alternatives (p.64)**Amy's Kitchen**

Breakfast Scramble Wrap 156g ☒

Gluten Free Manhattan Veggie Burger 270g ☒

Indian Vegetable Korma Wrap 166g ☒

Mexican Inspired Veggie & Black Beans 241g ☒

Thai Vegetables & Rice 227g ☒

Vegetable Lasagne 255g ☒

Mexican (p.65)**Amy's Kitchen**

Medium Chilli 416g ☒

Spicy Chilli 416g ☒

Bean & Rice Burrito 156g ☒

Black Bean Enchilada 269g ☒

Cheddar, Rice & Bean Burrito 156g ☒

Cheese Enchilada 255g ☒

Mexican Tortilla Bake 269g ☒

Oriental (p.65)**Amy's Kitchen**

Chinese Noodles with Vegetable & Cashew Cream Sauce 270g ☒

Thai Red Curry 285g ☒

Pizza & Pizza Bases (p.66)**Amy's Kitchen**

Rice Crust Cheese Pizza 170g ☒

Soups (p.68)**Amy's Kitchen**

Chunky Tomato 400g ☒

Cream of Mushroom 400g ☒

Hearty French Country Vegetable 400g ☒

Hearty Rustic Italian Vegetable 397g ☒

Hearty Spanish Rice & Red Bean 416g ☒

Lentil 400g ☒

Lentil Vegetable 400g ☒

Quinoa, Kale & Red Lentil 408g ☒

Split Pea 400g ☒

Vegetable Dishes (p.68)**Amy's Kitchen**

Broccoli & Cheddar Bake 270g ☒

World Ready Meals (p.69)**Amy's Kitchen**

Chilli Mac & Cheese 255g ☒

Dairy Free Rice Mac & Cheese 227g ☒

Rice Mac & Cheese 255g ☒

Vegetarian Foods**Ready Meals, Prepared products & Side Dishes****Indian Ready Meals (p.80)****Amy's Kitchen**

Mattar Paneer 269g ☒

Vegetable Korma 269g ☒

Italian Ready Meals (p.80)**Amy's Kitchen**

Vegetable Lasagne 255g ☒

Vegetable Lasagne 255g ☒

Meatless Alternatives (p.80)**Amy's Kitchen**

Gluten Free Manhattan Veggie Burger 270g ☒

Mexican Ready Meals (p.80)**Amy's Kitchen**

Medium Chilli 416g ☒

Spicy Chilli 416g ☒

Black Bean Enchilada 269g ☒

Cheddar, Rice & Bean Burrito 156g ☒

Cheese Enchilada 255g ☒

Dairy Free Rice & Bean Burrito 156g ☒

Mexican Tortilla Bake 269g ☒

Oriental Ready Meals (p.80)**Amy's Kitchen**Chinese Noodles with Vegetable & Cashew Cream
Sauce 270g ☒

Thai Red Curry 285g ☒

Pizza & Pizza Bases (p.80)**Amy's Kitchen**

Rice Crust Cheese Pizza 170g ☒

Soups (p.80)**Amy's Kitchen**

Chunky Tomato 400g ☒

Cream of Mushroom 400g ☒

Hearty French Country Vegetable 400g ☒

Hearty Rustic Italian Vegetable 397g ☒

Hearty Spanish Rice & Red Bean 416g ☒

Lentil 400g ☒

Lentil Vegetable 400g ☒

Split Pea 400g ☒

Vegetable Dishes (p.81)**Amy's Kitchen**

Broccoli & Cheddar Bake 270g ☒

World Ready Meals (p.81)**Amy's Kitchen**

Dairy Free Rice Mac & Cheese 227g ☒

Rice Mac & Cheese 255g ☒