



# Food and Drink Guide Updates - October 2022

#### **Additions**

Food and Drink Guide - Section 1
Crossed Grain Licenced

## **Bakery**

## Cakes & Muffins (p.21)

#### Costa

2 Mini Bakewell Tarts 56g ⊗ Fruity Flapjack 58g ⊗

Mince Tart 85g 😵

Belgian Chocolate Brownie 60g 😵

## The Handmade Cake Company Ltd

Gluten Free Chocolate Brownie 15g ⊗

Gluten Free Chocolate Brownie 60g ®

Gluten Free Chocolate Brownie 12g 🚳

Gluten Free Chocolate Brownie 10g 🚳

Gluten Free Chocolate Brownie 15g ®

Gluten Free Chocolate Brownie 15g ®

18 GF C2G Caramel Heaven 65g 🚳

18 GF C2G Caramel Heaven 65g ⊗

Gluten Free Caramel Shortcake 15g ⊗ 18 GF C2G Chocolate Brownie 60g ⊗

18 GF C2G Chocolate Brownie 60g ®

18 GF C2G Raspberry & Almond Slice 60g ⊗

GF Cappuccino Cake 14g ⊗

GF Cappuccino Cake 14g 😵

GF Carrot Cake 14g 😵

GF Carrot Cake 14g 8

GF Carrot Cake 14g 😵

GF Chocolate Cake 14g 🚳

GF Victoria Sponge 14g ⊗

18 GF Sultana Scones 90g ⊗

32 GF JLP Sultana Scones 90g ®

GF Lemon Drizzle Slice 15g 🚳

GF Lemon Drizzle Slice 12g ®

GF Lemon Drizzle Slice 15g ⊗

18 GF C2G Caramel Shortcake 55g ⊗

GF Pecan & Walnut Slice 15g 🚳

12 GF Chocolate Fondant 12g SS

Gluten Free Mint Chocolate Cake 14g ⊗

Gluten Free Vegan Blackcurrant Crumble 15g 😵

Gluten Free Vegan Blackcurrant Crumble 15g 🚳

Gluten Free Vegan Blackcurrant Crumble 12g 🚳

Gluten Free Vegan Blackcurrant Crumble 12g 🛇

Gluten Free Cappuccino Cake Square 21g ⊗

Gluten Free Ginger Cake 14g ⊗

Gluten Free Ginger Cake 14g ⊗

Gluten Free Flapjack 15g 🚳

Gluten Free Praline Chocolate Brownie 15g 80

24 GF Spiced Fruit Granola 55g ®

24 GF Salted Caramel Brownie 55g ®

24 GF Caramel Praline Flapjack 55g ®

GF Vegan Chocolate Brownie 15g ®

18 GF C2G Vegan Flapjack 65g 8

18 GF C2G Coconut & Raspberry Slice 60g ⊗

GF Maple & Pecan Flapjack 15g 8

36 GF C2G Chocolate Brownie (Bitesize) 27g ⊗

Gluten Free Chocolate Fudge Cake 14g 89

GF Granola Slice 12g 🚳

18 GF Lemon Drizzle Cake Bar 40g ⊗

18 GF Chocolate Cake Bar 40g ⊗

18 GF Carrot Cake Bar 65g 🚳

GF New York Style Vanilla Cheesecake 14g 88

GF Vanilla & Raspberry Swirl Cheesecake 14g 88

GF Chocolate & Cherry Cheesecake 14g ⊗

GF Deep Dish Apple Crumble Pie 14g 🚳

GF Chocolate Brownie Cheesecake 16g 🚳

GF Toffee Apple Crumble Pot 12g 88

GF Apple & Blackberry Crumble Pot 12g 🚳

Bidfood GF Chocolate Brownie 40g 8

Gluten Free Sticky Toffee Pudding Pots 12g 🛇

Gluten Free Sicilian Lemon Cheesecake 14g ⊗ Gluten Free Cappuccino Traycake 21g ⊗

2 Gluten Free Lemon Drizzle Loaf 10g ®

2 Gluten Free St Clements Polenta Loaf 10g 🚳

Gluten Free & Vegan Nutty Flapjack 15g 😵



2 Pizza Express GF Chocolate Brownie 21g ⊗ 2 Pizza Express GF Vegan Carrot & Orange Traycake 32g ⊗ 2 Loungers GF Chocolate Brownie 18g ⊗

# **Kitchen Cupboard**

## Stock & Gravy (p.48)

#### **Bisto**

Gluten Free Gravy 1.8kg 😵

Gluten Free Bisto Favourites Gravy Granules 175g ⊗ Gluten Free Bisto for Chicken Gravy Granules 175g ⊗

#### Охо

## **Reduced Salt Stock Pots**

Succulent Chicken with Garlic & Thyme (4x20g)  $80q \otimes$ 

Rich Beef with Onion & Rosemary 80g (4x20g) 80g

## 8

#### **Stock Pots**

Original Beef (4 x 20g) 80g ⊗ Red Wine (4x 20g) 80g ⊗ White Wine (4x 20g) 80g ⊗

Vegan Beef Stock Pots (4x 20g) 80g ⊗

Vegan Chicken Stock Pots (4x 20g) 80g ⊗

Succulent Chicken with Garlic & Thyme (4x20g)
80g ⊗

Rich Beef with Onion & Rosemary (4x20g) 80g ⊗ Garden Vegetables with Parsley & Bay (4x20g) 80g

8

Succulent Chicken with Garlic & Thyme (8x20g) 160g ⊗

Rich Beef with Onion & Rosemary (8x20g) 160g ⊗ Garden Vegetables with Parsley & Bay (8x20g) 160g ⊗

## Stuffing Mixes (p.48)

#### **Paxo**

Gluten Free Sage and Onion Stuffing Mix 150g ⊗ Gluten Free White Breadcrumbs 150g ⊗

## **Oats**

## **Breakfast Cereals (p. 50)**

#### Nairn's

Scottish Porridge Oats with Maple Syrup 400g Strain Scottish Porridge Oats with Maple Syrup 400g

## **Pasta & Noodles**

#### **Federici**

Gluten Free Chickpea Pasta Spaghetti No3 250g ⊗

Gluten Free Green Peak Pasta No3 250g ⊗

# Ready Meals, Prepared products & Side Dishes

## Burgers, Kebabs & Meatballs (p.62) Aldi

## **Specially Selected**

4 Angus Beef Burgers - Cashel Blue 440g ⊗ 4 Angus Beef Burgers - Vintage Cheddar 440g ⊗ 2 Angus Gourmet Burgers 280g ⊗

## Pizza & Pizza Bases (p.66)

### White Rabbit Pizza

Dough balls with Garlic & Herb Dip 220g ®

# Sausages & Sausagemeat (p.67)

#### Aldi

## **Specially Selected**

Caramelised Onion Sausages 400g ⊗ 6 Chorizo Style Pork Sausages 400g ⊗ 12 Chipolata Pork Sausages 375g ⊗ 6 Bramley Apple Pork Sausages 400g ⊗

#### **Delenco Foods**

Gluten Free Cumberland Sausage 1.5kg ⊗

# **Snacks & Confectionery**

### Crisps (p.75)

#### Seabrook

Roast Beef & Yorkshire Pudding 120g ⊗ Roast Potato & Black Pepper 120g ⊗ Roast Turkey & Stuffing 120g ⊗

## Deletions

The following products have been removed from our food and drink information service as they are no longer produced or suitable for the gluten free diet.

# Ready Meals, Prepared products & Side Dishes

## Pizza & Pizza Bases (p.66) White Rabbit Pizza

The Rainbow Vegan 380g 8