



May 2023

We know having a ready made list of particular products can help make your shopping easier, so check out the list below provided by BFree.

Please note, that these products are suitable for a gluten free diet. If you have other dietary preferences please scan the product barcode using our *Live Well Gluten Free* App or read the product label for other allergens to check if the product is suitable for your dietary needs.

2 Authentic Grilled Panini Rolls 150g	4 Whole Grain Wraps 168g
2 Pizza Bases Stone Baked 360g	4 Wholegrain Pitta Breads Stone Baked 220g
2 White Demi Baguettes 220g	6 Multigrain Wraps 252g
4 Avocado Wraps 168g	Brown Seeded Loaf 400g
4 English Muffins 240g	Naan Breads Stone Baked Original 240g
4 High Protein Wraps 168g	Soft White Loaf 400g
4 Pitta Breads Stone Baked 220g	White Sourdough Loaf 400g
4 Pitta Pockets Stone Baked 192g	Wholegrain Sourdough Loaf 350g
4 Tiger Rolls 240g	

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