



0333 332 2033



## Food and Drink Guide Updates – September 2023

---

### Additions

#### Food and Drink Guide - Section 1 Crossed Grain Licenced

---

### Bakery

#### Cakes & Muffins (p.24)

##### Guru Gluten Free

Brownie 125g ☒

Pumpkin Cheesecake 135g ☒

Busk Cheesecake 175g ☒

#### Crackers, Crispbreads & Breadsticks (p.25)

##### Guru Gluten Free

Herb Crackers 40g ☒

Stuffed Eggplant Crackers 40g ☒

### Ready Meals, Pre-Prepared

### Products & Side Dishes

#### Burgers, Kebabs and Meatballs (p.62)

##### Heck!

Lamb & Mint Burgers 320g ☒

#### Cold Meats & Deli Products (p.63)

##### Hadjicosta

Ham Leg 250g ☒

Smoked Pork Loin 250g ☒

Smoked Turkey Breast 250g ☒

### Snacks & Confectionery

#### Biscuits (p.72)

##### Guru Gluten Free

Almond Biscotti 40g ☒

Amsterdam Cookie 40g ☒

New York Cookie 40g ☒

Raisin Biscotti 40g ☒

Vegan Snickers 57g ☒

Salty Cookie 60g ☒

Tahini Chocolate 63g ☒

Cheesy Rolls 65g ☒

#### Savoury Snacks (p.78)

##### Livity

##### Brown Rice Chips

Brit Style Cheddar & Tomato Chutney flavour 60g ☒

Super Seeds Black Sesame & Amaranth 60g ☒

Super Seeds Chia & Trio Quinoa 60g ☒

Super Seeds Sesame & Poppy Seeds 60g ☒

##### Livity

##### Wholegrain Brown Rice Cakes

12 Super Seeds 100g ☒

Chia, Quinoa and Amaranth 100g ☒

Sea Salt from Hawaii 100g ☒

Trio Quinoa and White Sesame 100g ☒

##### Livity

##### Wholegrain Brown Rice Chips

Salsa Paprika 60g ☒

Nordic Chive and Sour Cream flavour 60g ☒

Hawaiian Sea Salt, Pepper and Lime 60g ☒

Brit Style Cheddar & Tomato Chutney flavour 120g ☒

Hawaiian Sea Salt, Pepper and Lime 120g ☒

Salsa Paprika 120g ☒

---

### Deletions

There are no deletions for the September updates

---