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Food and Drink Guide Updates – March 2024

Additions

Food and Drink Guide - Section 1
Crossed Grain Licenced

Bakery

Bread (p.22)

Genius

Ciabatta 220g ☒

Cakes & Muffins (p.23)

We Love Cake

Chocolate Slices 120g ☒

Sticky Toffee Slices 120g ☒

Drinks

Energy & Protein Drinks (p.39)

Huel

Daily Greens 450g ☒

Breakfast Cereals (p.28)

Freee

Cinnamon Hoops 300g ☒

Infinity Foods

Organic Oatbran 500g ☒

Organic Oatbran 2.5kg ☒

Just Live a Little

Maple & Toasted Pecan Granola 45g ☒

Raspberry Coconut & Cashew Granola 45g ☒

Cocoa & Hazelnut Granola 45g ☒

Maple & Toasted Pecan Granola 360g ☒

Raspberry Coconut & Cashew Granola 360g ☒

Cocoa & Hazelnut Granola 360g ☒

Peanut Butter & Apple Granola 360g ☒

Kitchen Cupboard

Home Baking (p.42)

Doves Farm

Organic White Rice Flour 1kg ☒

Pasta & Noodles (p.54)

The White Rabbit

Classic Potato Gnocchi 350g ☒

Three Cheese Filled Gnocchi 350g ☒

Ready Meals, Pre Prepared Products & Side Dishes

Meatless Alternatives (p.58)

Gosh!

Glaze and Grill Veg Hot Dog 300g ☒

Glaze & Grill Charred Aubergine Koftas 300g ☒

Glaze & Grill Texas BBQ Black Bean Burgers 320g ☒

Vegetable Dishes (p.61)

Gosh!

Protein Veg Bites: Italian Inspired Spinach & Herb – Bursting with Kale, Garlic & Rosemary 140g ☒

Protein Veg Bites: Korean Inspired Beetroot - Bursting with Carrots, Ginger & Chilli 140g ☒

Protein Veg Bites: Mexican Inspired Sweet Potato - Bursting with Black Beans, Harissa & Smoked Paprika 140g ☒

Protein Veg Bites: Middle Eastern Inspired Spiced Chickpea - Bursting with Broad Beans, Dates & Bahara Spices 140g ☒

Falafacini, Basil Pesto With White Rice, Black Beans, Sweet Potato and A Basil Pesto Centre 240g ☒

Falafacini, V'duja with white rice, black beans, sweet potato and a V'duja centre 240g ☒

Snacks & Confectionery

Biscuits (p.64)

Truly

Triple Chocolate Chip Cookies 150g ☒

Salted Caramel Chocolate Chip Cookies 150g ☒

Cereal & Fruit Bars (p.65)

Freee

Cranberry Oat Bar 35g ☒

Cranberry Oat Bar 140g ☒

Coconut & Chocolate Oat Bar 35g ☒

Coconut & Chocolate Oat Bar 140g ☒

Chocolate Chip & Banana Oat Bar 35g ☒

Chocolate Chip & Banana Oat Bar 140g ☒

Nuts & Seeds (p.68)

Linwoods

Sprouted Sunflower Seeds 125g ☒

Deletions

The products with the Crossed Grain Trademark ☒ have been removed from our service, as they are no longer produced. If you have a Crossed Grain Item listed below in your home, it is suitable for a gluten free diet. You will however no longer be able to find that product in the supermarket.

Products without the Trademark are either no longer produced or are now unsuitable for the gluten free diet.

Snacks & Confectionery

Crisps (p. 68)

Seabrook

Pickled Onion Crinkle Cut Crisps 6 x 25g ☒

Section 2

Sainsbury's - Kitchen Cupboard

Stock & Gravy (p.145) *

Gravy Granules for Beef 170g

Vegetable Gravy Granules 170g

***Please note** – The products listed here have a 'free from' claim. Sainsbury's however also have products of the same weight, that are gluten containing. To avoid confusion, please remove the items marked here from your printed guide or double check to ensure the version you have does not contain gluten. More information on reading food labels is available at www.coeliac.org.uk/information-and-support/living-gluten-free/the-gluten-free-diet/food-shopping/food-labels/. If in doubt you can contact our Helpline on 0333 332 2033.