



Food and Drink Guide Updates – April 2024

Additions

Food and Drink Guide - Section 1 Crossed Grain Licenced

Bakery

Cakes & Muffins (p.23)

Handmade Cake Company

Gluten Free Vegan Maple & Pecan Flapjack 100g Gluten Free Chocolate Brownie 100g

Gluten Free Vegan Praline Chocolate Brownie 100g 🐼

Drinks

Alcoholic Drinks (p.38)

Jubel

Lager cut with Blood Orange 330ml 😒

Energy & Protein Drinks (p.39) The Turmeric Co.

Raw Turmeric & Ashwagandha 60ml ⊗

Ready Meals, Pre Prepared Products & Side Dishes

Meat Ready Meals (p.58)

Heck!

Chicken Italia Pesto Bomb 260g Pork Sriracha Bomb 260g Spring Chicken Red Thai Bomb 260g Meatless Alternatives (p.58) Gosh!

Caponata Burger 200g 😵

Snacks & Confectionery

Crisps (p.67) Seabrook Cheese & Onion Bites 15g Hot & Spicy Bites 15g BBQ Rings 16g Pickled Onion Rings 16g

Deletions

The products with the Crossed Grain Trademark have been removed from our service, as they are no longer produced. If you have a Crossed Grain Item listed below in your home, it is suitable for a gluten free diet. You will however no longer be able to find that product in the supermarket.

Products without the Trademark are either no longer produced or are now unsuitable for the gluten free diet.

Cooking Sauces

Indian Sauces (p.32) Meridian Foods Korma Cooking Sauce 350g ⊗ Tikka Masala Cooking Sauce 350g ⊗





Italian Sauces (p.32) Meridian Foods Tomato & Basil 350g Tomato & Herb 440g

Kitchen Cupboard

Sauces, Mustards & Salad Dressings (p.44) Meridian Foods Free From Organic Tomato Ketchup 285g ⊗