

NO ONE KNOWS GOELIAC DISEASE AND GLUTEN FREE LIKE WE DO, AND **WE'RE HERE TO HELP**

Coeliac UK is one of the largest funders of research into coeliac disease and gluten related conditions in the UK, and everything we do is powered by experts. Our members have access to all our expertise and we'd like you to be part of our community too.

Join us now from just £1.25 per month

We've got you because we get you.



Take a look at the excellent services and independent support our members can count on.

Welcome pack

Living well gluten free starts here, with our Guide to getting started, Gluten free checklist, coeliac disease factsheet and our printed annual Food and Drink Guide.



Find suitable foods with our quick scan app

Our Live Well Gluten Free app has information on over 150,000 products. It's got a handy barcode scanner and dietary preference filters. Gluten free food shopping has never been so easy!



Eat out with confidence

The Venue Guide on our Live Well Gluten Free app recommends around 3,000 venues with our Gluten Free accreditation, as well as others recommended by our community, and lets you enjoy socialising while prioritising your health.

Delicious gluten free recipes tested by us

No more trial and error. Visit the Home of Gluten Free Recipes for inspiration and access to over 1,200 delicious recipes you can trust.



The UK's ONLY gluten free lifestyle magazine

Live Well Gluten Free magazine sent directly to your door, (or inbox!) twice a year. Our essential magazine is packed with news and updates, the latest research, exclusive recipes and tips to make the most of a gluten free diet.



Expert advice from registered dietitians

Our in-house team of expert dietitians host our online diet and health workshops,* create our downloadable fact sheets and support our dedicated Helpline for our community. Plus travel guides for over 50 countries and additional dietary factsheets.

You can reach us on social media, via email, web chat or by calling our Helpline on 0333 332 2033.

Exclusive member offers and discounts

Get £100 worth of exclusive member offers each year plus you will be the first to receive news of our exciting giveaways and seasonal campaigns!

Community support

Through our local meet ups and groups, social media and Member2Member service

Be part of a better gluten free future

We're the only charity for people with coeliac disease and gluten related conditions. With the support of our members we can keep funding research into the disease and providing expert help to those who need us.

coeliacuk
live well **gluten free**

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A charity registered in England and Wales (1048167) and in Scotland (SC039804) and a company limited by guarantee in England and Wales (3068044).