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## Food and Drink Guide Updates – March 2025

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### Additions

Food and Drink Guide - Section 1  
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#### Bakery

##### Bread (p.24)

###### Costa

Gluten Free Mozzarella & Pesto Toastie 180g ☒

###### Warburtons

Gluten Free Brown Pittas 236g ☒

Gluten Free Seeded Tiger Bloomer 400g ☒

##### Cakes & Muffins (p.25)

###### Lola's Cupcakes

Mother's Day Cupcakes 102g ☒

Valentines Cupcakes 102g ☒

Vegan Gluten free Raspberry & Lemon Cake 1kg ☒

#### Dairy, Dairy Alternatives & Desserts

##### Desserts (p.38)

###### The White Rabbit

Chocolate Biscotti 150g ☒

##### Non – Dairy Milk & Cheese (p.38)

###### Glebe Farm

Barista Oat Drink 1L ☒

Gluten Free Oat Creamy & Enriched Drink 1L ☒

Gluten Free Oaty Organic Barista 1L ☒

Pureoaty Tea-Riffic Oat 1L ☒

#### Drinks

##### Alcoholic Drinks (p.40)

###### Brewdog

Peach Cold Beer 440ml ☒

###### Jubel

Larger Cut With Mango 440ml ☒

#### Kitchen Cupboard

##### Sauces, Mustards & Salad Dressings (p.46)

###### Megachef

Fermented Anchovy Sauce 300ml

#### Ready Meals, Pre Prepared Products & Side Dishes

##### Meatless Alternatives (p.65)

###### Gosh!

Veg Bites Italian Inspired Aubergine, Spinach & Herbs 50g ☒

Veg Bites Mexican Inspired Sweet Potato, Red Pepper & Chipotle 50g ☒

#### Snacks & Confectionery

##### Biscuits (p.70)

###### Arnott's

Tim Tam Original 150g ☒

##### Cereal & Fruit Bars (p.71)

###### Freee

Kids 55% Chocolate Chip Oaty Bar 125g ☒

Kids Apple & Sultana Oaty Bar 125g ☒

##### Crisps (p.72)

###### Eat Real

Caramelised Onion & Balsamic Hummus Chips 45g ☒

Caramelised Onion & Balsamic Hummus Chips 110g ☒

Chilli, Lime & Salt Hummus Chips 110g ☒

Greek Cheese Lentil Chips 95g ☒

Red Pepper Lentil Chips 95g ☒

### Seabrook

BBQ Steak Trebles 100g ☒

Cheddar & Onion Trebles 100g ☒

Sea Salt & Cider Vinegar Trebles 100g ☒

Spicy Paprika Trebles 100g ☒

Cheesy Waffle Bites ☒

Hot & Spicy Waffle Bites ☒

Maple Bacon Waffle Bites ☒

Salt & Vinegar Waffle Bites ☒

Fish & Chips Ridge Cut Crisps 125g ☒

Chicken Curry Ridge Cut Crisps 125g ☒

Cheddar & Chutney Ridge Cut Crisps 125g ☒

Beefy Flavour Rings 5 x 16g ☒

Beefy Flavour Rings 6 x 16g ☒

### Savoury Snacks (p.74)

#### Eat Real

Kids Veggie Straws with Melty Cheese Flavour 5 x 80g

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## Deletions

The products with the Crossed Grain Trademark ☒ have been removed from our service, as they are no longer produced. If you have a Crossed Grain Item listed below in your home, it is suitable for a gluten free diet. You will however no longer be able to find that product in the supermarket.

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## Bakery

### Crackers, Crispbreads & Breadsticks (p.26)

#### Schar

Salti 175g ☒

#### ZENB

Himalayan Salt & Pepper 120g ☒

Onion & Poppy Seed 120g ☒

Rosemary Chia 120g ☒

### Pasta & Noodles (p.61)

#### ZENB

Lasagne 226g ☒

Lasagne Sheets Made From 100% Yellow Peas 226g ☒