

**MINUTES OF THE EXETER AND EAST DEVON COELIAC UK GROUP
AGM 11.06.2024**



Location: St David's Parish Room, Queen's Terrace Exeter.

Notification of AGM sent to over 550 members (+17 new members since 2023).

Present: 7 members: MD, LH, AC, RJ, MC, SM, DG-J.

Apologies: Margaret Chave Group Organiser, CC, NH, AF and visiting speaker Simon Bryan-Edmond of Baked-to-Taste, who had to cancel his talk on Gluten Free Baking.

Current Committee: Group Organiser Margaret Chave (standing down), Patsy May (resigned), Treasurer Alan Clark (AC), Committee members :Micky Cox (MC), Laurence Halliwell (LH), Roger Jones (RH), Susan Mitchell (SM).

In the absence of the Group Organiser, LH chaired the meeting and prepared an annual report.

Minutes from AGM 2023: Circulated to the membership and approved at the AGM.

Matters arising: None

Chairpersons report

LH reminded us of 3 key Coeliac UK objectives, whilst supporting the regional membership.

1. Educate and publicise information about Coeliac disease (and related conditions)
2. Research (fund-raising needed)
3. Support the well-being of members, enhanced by purposeful and engaging activities bringing us together - organised by an active regional committee.

Summary of events of the past 12 months:

Monthly: Self-funding coffee mornings held in Exmouth and Honiton.

August 2023:sponsored swim around Brownsea Island (SM) to raise money for the children's party. Over £1200 + gift aid raised for local group. £250 donation to Coeliac UK fundraising.

October 2023: Dietitian talk cancelled due to unavailability.

November 2023: Devon Philharmonic Orchestra concert at Exeter cathedral nominated charity.

Interval talk by Hilary Croft CEO of Coeliac UK, attended by Aishah Farooq, Trustee.

Post-concert bucket collection raised over £500 for Coeliac UK research.

December 2023: Children's Christmas Party attended by 7 children, parents, 2 committee members

Ongoing to Nov 24: Dartmoor Letter-boxing trail which has raised £217, organised by RJ.

New members: Continue to receive a welcome from a member of the committee.

Treasurers report (round to nearest £1)

AC reported a total income of £ 2110, expenditure £558, current balance of just over £1550.

Over £750 has been raised/donated for Head Office this year. Thanks to Alan for all his hard work.

Election of Officers:

Group Organiser: Roger Jones

Proposed: MD

Seconded: MC

Secretary: Susan Mitchell

Proposed: LH

Seconded: MC

Treasurer: Alan agreed to continue

Proposed: MD

Seconded: SM

Committee: MC and LH agreed to continue, Dilys G-J was welcomed as a new committee member.

Proposed by MD

Seconded: LH

ANY OTHER BUSINESS

Newsletter: A committee will prepare a newsletter in the near future and post it on the group site.

Discussion re engagement with group: With such a wide membership, we would welcome more people to join us on the committee, bringing ideas with you. Those willing to contribute, please contact the group on Exmouth@coeliac.co.uk.

- New coffee group to be set up in Exeter – to be discussed at first full committee meeting.
- Meals out and other activities – to be discussed at first committee meeting.

Letter to ICB: A letter, to be sent to the Integrated Care Board, re re-instating prescriptions, was circulated to the committee for approval. Final approval to be discussed at first committee meeting.

Dietetic talk: SM had made contact with the Head dietitian (Catherine Tancock) at the RD&E. Discussions underway to organise a talk for the group later in the year.

Plea for support for gluten-free baker: SM had been in contact with Laszlo Lenner who ran a company Gluten Escape. He is looking for business sponsorship of £15K to buy ovens. Please contact a member of the committee for further details Exmouth@coeliac.co.uk if you can help.

Sample Products from Baked-to-Taste. A generous box of samples was provided for us – sausage rolls, quiche, pasties. Thank you to Simon, Suzy and Mel for their generosity. They are also offering 10% off first orders on QR codes on leaflets held by secretary.

Schar: Provided us with excellent booklets on Coeliac disease. Spares held by secretary.

Presentation: SM did a Powerpoint presentation, telling the story of the planning and execution of the Brownsea swim which raised money (£1200+) for our local Coeliac children's Christmas party.

End of meeting:

The business finished at 8.10, the full meeting +refreshments and tasting samples closed at 8.55.

Next meeting:

Date for first new committee meeting: July 2024 tbc

Signed:

Susan Mitchell

New Secretary for the group.

Date: 12.06.2024

Post meeting note:

First new committee meeting: Wed 10th July @ St David's parish room Exeter at 7.00 pm.

PM is willing to help with events requiring catering.

Post – Post meeting Note:

Committee meeting confirmed for **TUESDAY 9th July** at 7.00 (room is unavailable on 10th)