



0333 332 2033



## Food and Drink Guide Updates – October 2025

### Additions

Food and Drink Guide - Section 1  
Crossed Grain Licenced

#### Bakery

##### Bread (p.24)

###### La Fonda

- Blue Corn Tortilla Placera 325g ☒
- Blue Corn Tortilla Taquera 450g ☒
- Blue Corn Tortilla Traditional 530g ☒
- Corn Tortilla Burrito 1.6kg ☒
- Corn Tortilla Flauta 713g ☒
- Corn Tortilla Placera 325g ☒
- Corn Tortilla Taquera 125g ☒
- Corn Tortilla Taquera 450g ☒
- Corn Tortilla Tradicional 200g ☒
- Corn Tortilla Tradicional 530g ☒
- Corn Tortillas 200g ☒

##### Cakes & Muffins (p.25)

###### Lola's Cupcakes

- Gluten Free White Ribbons & Ruffles Vanilla Cake 1kg ☒

###### We Love Cake (p.26)

- Cinnamon Bun Slice 30g ☒

#### Breakfast Cereals (p.30)

###### Linwoods

- Vanilla Protein Overnight Oats 300g ☒
- Vanilla Protein Overnight Oats 1kg ☒

### Ready Meals, Prepared Products & Side Dishes

#### Rice & Alternatives (p.66)

##### Just Natural

- Organic Gluten Free Corn & Rice Couscous 500g ☒

### Deletions

The products listed below, have been removed from our service, as they no longer produced. If you have the product listed in your home, it is still suitable for a gluten free diet. You will however, no longer be able to find it in the supermarket.

#### Bakery

##### Bread (p.24)

###### Genius

- Brioche Loaf 400g ☒
- Brown Bread 400g ☒

##### Crackers, Crispbreads & Breadsticks (p.26)

###### Naim's

- Gluten Free Cheese Wholegrain Crackers 137g ☒

##### Croissants, Buns & Pastries (p.27)

###### Genius

- 6 Double Chocolate Pancakes 198g ☒
- 6 Orange & Dark Chocolate Chip Pancakes 198g ☒

##### Pies & Tarts (p.27)

###### Genius

- 2 Apple Pies 320g ☒



0333 332 2033

**coeliacuk**  
live well **gluten free**

## **Pasta & Noodles (p.60)**

### **Slendier**

Hearts of Palm in Mashed Style 340g ☒

Hearts of Palm in Rice Style 255g ☒

Hearts of Palm in Spaghetti Style 255g ☒

### **Slendier – Organic**

Angel Hair 250g ☒

Black Bean Fettuccine 200g ☒

Black Bean Spaghetti 200g ☒

Edamame Bean Fettuccine 200g ☒

Edamame Bean Spaghetti 200g ☒

Soy Bean Fettuccine 200g ☒

Soy Bean Spaghetti 200g ☒

Fettuccine 250g ☒

Lasagne Sheets 250g ☒

Rice 250g ☒

Spaghetti 250g ☒

Wok Ready Noodles 250g ☒

### **Slendier – Organic Konjac**

Penne Style 250g

Rice & Noodles 150g ☒

Rice & Noodles 200g ☒

Rice With Quinoa & Chickpea 360g ☒

## **Ready Meals, Prepared Products & Side Dishes**

### **Indian (p.65)**

#### **Huel – Hot & Savoury**

Korma 665g ☒

Madras 665g ☒

### **Italian (p.65)**

#### **Huel - Hot & Savoury**

Tomato & Herb 663g ☒

### **Mexican (p.65)**

#### **Huel - Hot & Savoury**

Mexican Chilli 667g ☒

### **Oriental (p.65)**

#### **Huel - Hot & Savoury**

Sweet & Sour 665g ☒

Thai Green Curry 655g ☒

### **Salads (p.65)**

#### **Slendier**

Ready Meal with Hearts of Palm - California Style Salad 255g ☒

Ready Meal with Hearts of Palm - Meditarian Style Salad 255g ☒

### **Burgers, Kebabs & Meatballs (p.64)**

#### **Heck!**

Mini Burgers Selection Pack (3 flavours) 450g ☒

Asian Pork Mince 500g ☒

Mexican Chicken Mince 500g ☒

Moroccan Chicken Mince 500g ☒

Simply Chicken Burgers 228g ☒

### **Sausages & Sausagemeat (p.66)**

#### **HECK!**

6 Pork Wensleydale & Cranberry Cocktails 340g ☒

6 Guy Porks Sausages 400g ☒

10 Chicken, Lemon & Honey Chipolatas 340g ☒

#### **The Harrogate Sausage Co**

Pork & Apple Sausages 400g ☒

## **Snacks & Confectionery**

### **Biscuits**

#### **Naim's**

Apple & Cinnamon Chunky Oat Biscuit Breaks 160g ☒

Apple & Cinnamon Oats Your Way 376g ☒

Dark Chocolate & Mint Chunky Oat Biscuit Breaks 160g ☒

Oats & Syrup Biscuit Breaks 160g ☒

Salted Caramel Oat Biscuit Breaks 160g ☒

**Prewetts**

Caramel Chocoful Bar 100g ☒

Digestives 150g ☒

Caramelised Biscuits 141g ☒

Enrobed Orange Creams 192g ☒

**Nuts & Seeds**

Orange & Maple Syrup Nuts & Seeds 90g ☒

Sweet Chilli Nuts & Seeds 90g ☒

Activated Nuts & Seeds Orange & Maple Syrup Nuts &  
Seeds Boost 25g ☒

Activated Nuts & Seeds Salt & Chilli Pepper Nuts &  
Seeds Boost 25g ☒

Activated Nuts & Seeds Smoky BBQ Nuts & Seeds  
Boost 25g ☒

Activated Nuts & Seeds Sweet Chilli Nuts & Seeds Boost  
25g ☒