



MY FAVORITE GLUTEN-FREE COOK BOOKS

How To Cook for Food Allergies

Lucinda Bruce-Gardyne
Macmillan

Healthy Gluten free Eating

Darina Allen & Rosemary Kearney
Kyle Cathie Ltd

Cake Angels

Julia Thomas
Collins

Seriously Good! Gluten-Free Baking

Phil Vickery
Kyle Cathie Limited

The 30-Minute Cook

Nigel Slater
Penguin

Not a gluten free cook book but a great book with many easily adaptable, to gluten free, meals that can be cooked in about half an hour. Highly recommended*

**Advice on how to adapt recipes to gluten and other allergies is given in 'How to Cook for Food Allergies'*

