

SEEKING YOUR IDEAS!



As your committee, we are really keen to represent the wishes/needs of the members of our local group so that we can better serve our purpose of coming together as a group of people with a common interest.

We strongly believe that there is mutual benefit in bringing together those of us living with gluten-free. We can support each other, exchange ideas, minimise potential feelings of isolation, enjoy opportunities to share information and experiences and have some fun.

We are doing our best to develop activities and improve communication with the group so that we are truly representing the membership. Therefore, we are keen to seek your opinions!

Please help us by sharing your thoughts below – or send us an email!

It would be great if you could do this by **TUES 20th MAY**. Send your ideas to exmouth@coeliac.org.uk

1. CURRENT SITUATION

We have almost **400 members** in the local group. Ages range from **childhood to 90+**.

There are **5 committee members** - including an organiser, a secretary, a treasurer and 2 others.

At the moment, our regular events include monthly **Meet-Ups in 3 locations**: Exmouth, Honiton and Tavistock, a **Children's Christmas Party** in December, **occasional other events** throughout the year.

2. YOUR SUGGESTIONS

Looking ahead, what sort of activity/ies might attract your interest?

3. CURRENT INVOLVEMENT

Are you interested in, or do you already come to, any of the group activities?

4. WEEKENDS OR WEEKDAYS? MORNINGS, AFTERNOONS, EVENINGS?

What day/s, time/s might suit you for any new activities we organise?

e.g. this might include a meet-up, a doggy walk, a meal out or anything else.

5. NEW MEET-UP

We are hoping to set up a **new Meet-Up in Exeter**. Might you be interested in joining us?

A possibility is Sunday morning from about 11.30 – 12.30? Third Sunday of the month. Venue tbc.

6. SOCIAL MEDIA PRESENCE

We are in the process of setting up a **social media presence under the CoeliacUK umbrella**.

We would value some more expertise in this area – is this something you could help with?

7. Would you use social media if it were set up?

FINALLY

Thank you for taking the time to share your ideas with us.

Please forward this to anyone you know in the group who might not use email.

Enjoy this sunny weather and best wishes from your committee!

Send your responses to Exmouth@coeliac.org.uk by Tuesday 20th MAY 2025! Thanks!

Hope to see you at our next big event! We have an exciting FLAPJACKERY presentation evening, Bring-and-Share and AGM on Friday 20th JUNE – details to follow shortly. (Some yummy food to taste!)