



2025 Flapjackery Presentation, Tasting session, Bring and Share + Annual General Meeting

Date: Friday 20th June 2025

Time: 19.00 – 21.00

Venue: Exeter Community Centre, 17 St David's Hill, Exeter, EX4 3RG Tel: 01392 420549

Plan for the evening:

- **Presentation by Hugh Myott, Director of Flapjackery, followed by a sampling session, Q & A.**
- **Bring and Share**
- **AGM**

Hugh Myott gave us a wonderful presentation and set the salivary juices flowing. We tasted several flavours of flapjack and had a thoroughly interesting session. Thank you to him+ 10% off vouchers.

Our Bring and Share was generously provided for with some homemade mini pizzas, amaretto biscuits, oatmeal cookies, lemon tarts and other goodies. Thanks to all.

Annual General Meeting Agenda

1. Present: 9 people including 5 current committee members, Roger Jones Organiser, Alan Clark Treasurer, Susan Mitchell Secretary, Lawrence Halliwell and Michelle (Micky) Cox, and 4 others including Tony Kaminsky & Richard G Tavistock, Kieran Tracey East Devon, Pauline Halliwell Honiton
2. Apologies: Malcolm and June Dodd
3. Approval of previous AGM minutes: Approved. Proposer: AC Secunder: LH
4. Matters Arising None.
5. Group Organiser's Report – see attached for full report. RJ summarised the events of the year including Meet-Ups, Picnic on the Moor, Dawlish walk, Children's Christmas party, meal out at Browns.
6. Treasurer's Report: AC reported that 3 x monthly Meet-Ups are self-funding, Outgoings include cost of children's Christmas party, hiring of rooms for meetings. Current balance: £1624.58 with some expenditure owing. See full report below.
7. Election of Officers and Committee Members The committee agreed en bloc to stand again. Kieran Tracey agreed to join the committee and would be keen to assist with building up a presence on social media. We are delighted to welcome him on to the team!
8. Future Events: a possible summer event (RJ), Children's Christmas party (SM), Meet-Up Exeter.
9. Any Other Business: There was a general wonder about ways to help more people engage with the group. Social Media is a necessity for many members. This will be discussed at a subsequent meeting. Our letter sent to Integrated Care Services earlier this year, following discussion with the local dietitian, re reviewing prescriptions for those with Coeliac disease, recently had a response. There will be no change to the current system unfortunately.
- 10. Close of Meeting @ 20.42**

Look out for our Newsletter later this summer. Keep an eye on our group activities on Coeliac UK site.

Minutes taken by Susan Mitchell Secretary to the group

20/06/2025

Exeter and East Devon Coeliac Group

Group Organisers report 2025

Time flies I know it's an old saying but it really has, this past 12 months has flown by. I have now been the group organizer for 12 months, although I have previously been involved with the committee for several years, I had never held an office on this committee before. But last year we found ourselves without a group Organizer and no other willing volunteers so I step up and said I would take on the role.

Now I stop and look back over the past 12 months. I think for this committee's 1st year we have done quite well, we are still learning how things work and working hard behind the scenes for group members.

Some of the things we organised this year were:

- A fund-raising Dartmoor letterbox trail
- A picnic at Belstone
- A walk at Dawlish followed by a meal at the Home Kitchen (GF restaurant)
- A children's Christmas Party
- A meal at Browns in Exeter

Our Meet-Ups in Exmouth and Honiton have continued and there is now a Meet-Up in Tavistock which is outside of our area but as a committee we have helped the best we can with advertising etc. I understand that these meetups have regular people attending, but unfortunately as I work full time I have not been able to attend any of these Meet-Ups.

We have a membership of over 400 and our area covers from the Devon and Somerset/Dorset Border to places like Copplestone and Morchard Road which is past Crediton on the A377 heading towards north Devon, down to Dawlish and across towards Tiverton. So, it is quite a large area.

The group finances remain reasonably healthy thanks to the money raised by Susan doing her sponsored swim and myself organising a fund-raising Dartmoor Letterbox trail. We get no money from Coeliac UK at all, and we must be entirely self-funded.

I would like to thank my committee members for their help in running this group, there are only 5 of us and we are always looking for more volunteers to help with things. Our committee is me Roger Group Organiser, Susan Secretary, Alan Treasurer, Lawrence ordinary member and Michelle ordinary member, and we give up our time running this group for people with Coeliac disease and people who must live gluten free lives. We all lead busy lives and it takes a lot of work to organise events. I would also like to thank those of you who have come along and supported these events that we have organised but we would like to see a lot more of you coming along to these events as the numbers of people at some of the events we have organised has been low.

So, looking forward to another year, we aim to build on the success we have had this year and continue to organise events for the group, we will welcome any feedback or ideas that you have, so that we know what members of our group want.

Roger Jones Group Organiser June 2025



East Devon and Exeter Coeliac UK Voluntary Local Support Group

Treasurer's Report AGM Tuesday 20th June 2025

Held at Exeter Community Centre St Davids Hill Exeter Devon

This year's events:

- 1) Coffee Mornings at Exmouth, Honiton and Tavistock (self-funding)
- 2) Belstone Walk and Picnic 29th September 2024
- 3) Dawlish Warren Walk 16th November 2024 (self-funding)
- 4) Children's Christmas party 7th December 2024
- 5) Meal at Browns Exeter 8th April 2025

	Income £	Expenditure £	Date
Balance brought forward from 11Jun2024	1552.71		
TOTAL INCOME	2007.71		
Parish Room Hire - St David's Church	0.00	48.00	24-Sep-2024
Hall Hire - Belstone Villiage Hall - Picnic & Walk	0.00	36.00	24-Sep-2024
CASH IN	248.00	0.00	24-Sep-2024
CASH IN	57.00	0.00	24-Sep-2024
Children's Christmas Party	0.00	232.50	10-Dec-24
Parish Room Hire - St David's Church	0.00	24.00	10-Dec-24
Meal at Browns Brasserie & Bar deposit	20.00	0.00	11-Mar-25
Meal at Browns Brasserie & Bar deposit	10.00	0.00	16-Mar-25

	Income £	Expenditure £	Date
Meal at Browns Brasserie & Bar deposit	20.00	0.00	17-Mar-25
Meal at Browns Brasserie & Bar deposit	20.00	0.00	24-Mar-25
Meal at Browns Brasserie & Bar deposit	10.00	0.00	07-Apr-25
Meal at Browns Brasserie & Bar deposit	70.00	0.00	09-Apr-25
Postage (2nd class @ 0.87p) - 49 x AGM Notices		42.63	12-May-25
TOTAL EXPENDITURE		383.13	
Bank balance carried forward 11June 2025		1624.58	
Balance brought forward from 11Jun2024		1552.71	

The bank account is held at Head Office and ring fenced for use by this group. We are receiving monthly statements from Head Office.

The coffee mornings at Exmouth Honiton and Tavistock are self-funding. The expenditures we have had this year are the children's party which has been funded by Susan Mitchell's sponsored swim from the year before, hall hire and postage for the AGM. There are outstanding bills of £43.50 for the hire of St Davids Parish Room which I am waiting an invoice for the one in February.

We have a very healthy balance of £1624.58 but from this requires deduction of £43.50 for the hire of St Davids Parish room, £150.00 which requires to be transferred to the head office account for deposit paid for the Browns meal and £59.00 for room hire for the AGM at the Community Centre.

Alan Clark Treasurer

