



## MINUTES of Committee Meeting Tuesday 15<sup>th</sup> October 2024 St David's Parish Room, Queen's Terrace, Exeter EX4 4HR

**Present:** Roger Jones Group organiser, Alan Clark Treasurer, Laurence Halliwell Committee Member, Susan Mitchell Secretary

**Apologies:** Dilys has decided to withdraw from the committee from now on. Post meeting apologies from Michelle Cox

**Group Organisers Report:** The Dartmoor Picnic took place but only 6 people (4 with Coeliac) turned up on a very wet windy day. The letter-boxing has been very successful and finishes at the end of Oct when new walks tend to be published. Thanks to RJ.

**Treasurer's Report:** The Meet-Ups continue to be self-funding.

Recent Income: £305 for letter-boxing

Expenditure: £84 for meeting room hire and village hall hire at Belstone

Current Balance £1773.71 Thanks to AC.

It was acknowledged that some committee members have expenses in order to attend meetings. One member has a 40-mile round trip.

### MATTERS ARISING FROM MINUTES

**Newsletter:** This was felt to be a worthwhile endeavour to help to inform the membership about the activities undertaken by the committee over the past year. There still seems to be a disappointing lack of engagement with the membership. It appears that this is a common issue for many groups (volunteering lounge sessions).

We discussed the possibility of sending out a questionnaire to the membership to seek ways of improving our interface e.g. what sort of things would you like the committee to consider? would you like to be involved?. This will be discussed at the next meeting.

**Meet-Ups:** We agreed that this term would be used from now, in keeping with Coeliac UK terminology.

**Honiton Meet-Up:** 15 people at the last one including 2 new members. Honiton uses a more personal touch using individual emails with permission from the Meet-Up user. LH reported that the venue will now change. We agreed that we should use [Exmouth@coeliac.co.uk](mailto:Exmouth@coeliac.co.uk) where possible. **ACTION:** SM to send a reminder to the group re the change of venue to Honiton Garden Centre.

**Exmouth Meet-Up:** 6 at the last meeting. Can be up to about 12 members.

**Tavistock Meet-Up :** The first one has taken place – with 2 members attending. This is less easy to publicise as the postcodes for our group do not include all those relevant to the Tavistock area.

**Potential new Meet-Up group Exeter:** We need to ask the membership if anyone might be interested in an Exeter Meet-up. **ACTION:** SM to send out a message to the group.

**Letter to ICB** Final draft to be reviewed **ACTION:** SM to send to the ICB and copied to the local head dietician.



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## REVIEW OF RECENT EVENTS

**Letter-boxing:** A successful endeavour which is coming to a close. Thanks and congratulations to RJ for designing and setting this up.

**Dartmoor Picnic:** Only 6 people turned up on this very wet windy day at Belstone. It was well worthwhile having booked the Village Hall, with kitchen and toilet facilities, so we could have our picnic lunch in a dry place with hot drinks. Thanks to AC.

## FORTHCOMING EVENTS:

**Group Walk:** RJ proposed a walk on Saturday 16<sup>th</sup> November 12.00 from Dawlish Warren – meeting outside the cycle hire place in car park at Dawlish Warren **ACTION:** RJ to lead, SM to send date to membership. We acknowledged the relatively short notice of this event.

**Christmas party:** Saturday 7<sup>th</sup> December. Same format as 2023. **ACTION:** AC to make enquiries to Jasper Activities Co-ordinator, SM to send a message to membership to save the date. SM to check if PM (previous committee member) might help again.

**Meal out:** 25<sup>th</sup> Jan 2025 at the Pinhoe Hoard was selected for a meal out for the group to avoid the rush of Christmas. **ACTION:** LH agreed to take the lead and make enquiries at the Pinhoe Hoard, SM to send initial date to the membership

## ANY OTHER BUSINESS

- **Discussion re Senior and Junior rights to website:** We would like clarification on what the 'Junior' member can do on the Coeliac UK website. We agreed that any member can come to committee meetings but can't vote. **ACTION:** Discussion re online access to be discussed in more detail at the next committee meeting. SM/AC might ask at a volunteer lounge if appropriate.
- **Facebook link to group:** RJ agreed to take this forward. **ACTION:** RJ to contact MB re setting up an account for this group.
- **Dietitian: We need to keep the dietetics team in mind as they are keen to get involved in the near future.**
- **Updating Coeliac UK local site information**  
After a fruitful meeting we agreed that time has run out to complete the following information.
  - Signatories
  - Declaration of Interest
  - Local Group Constitution
  - Contact details

We agreed that this could be done electronically or wait until the next meeting.

The meeting finished at 8.55 so we could vacate the room by 9.00.

## Next Meeting:

January 2025 date tbc.

Minutes taken by Susan Mitchell Group Secretary

Post-Meeting Note: Patsy May would be delighted to be involved with the Christmas party.



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