

# CUK Sheffield Group

# Newsletter

Autumn 2020

Hi everyone

We hope everyone is well and keeping safe in these strange times.

Our last meeting in March was our AGM when details of our financial situation were given and the current committee was re-elected. The AGM was followed by a very interesting talk given by Dr Iain Croall, PhD, Research Fellow at the University of Sheffield. Voakes were with us again selling their wonderful GF pies and Gillian Goddard, a Community Dietitian was on hand to answer questions and talk to people about their diet. Thanks to everyone that donated prizes for the raffle. We were lucky to be able to hold our meeting as the following Monday the country was put on lockdown due to Covid 19.

Unfortunately the pandemic is still with us so we have had to make the sad decision to **cancel** our next meeting at St. Mary's Church on Saturday 10<sup>th</sup> October. Prof Marios Hadjivassiliou was coming to give what would have been a very interesting presentation covering the neurological complications of coeliac disease but we will now need to see if we can arrange for him to come to one of our future meetings.

At the moment we are unable to arrange any meetings or events due to the ongoing pandemic but rest assured we will recommence as soon as it is safe.

For those of you who are struggling to obtain GF staple foods there are now a number of companies that will deliver direct to your door. One of these is our old friend Juvela who have set up a new subscription gluten free box service where they deliver FOC a box every month of your favourite Juvela items. The wonderful thing about Juvela is that they still use wheat starch which complies with the Codex Alimentarius standard for gluten free foods. Therefore their bread is considered by many to taste more like real bread. Simple to order, adjust the order, skip the next box or to cancel the subscription. For more details ring 0800 783 1992, email [info@juvela.co.uk](mailto:info@juvela.co.uk) or check out the website [www.shop.juvela.co.uk](http://www.shop.juvela.co.uk).

If you do not wish to receive these communications in the future can you please inform Coeliac UK at 3<sup>rd</sup> Floor, Apollo Centre, Desborough Road, High Wycombe, Buckinghamshire, HP11 2QW.  
Telephone 01494 437278

Best wishes

Matt Lemm	Group Organiser
Carol Millard	Group Secretary
Linda Stevenson	Group Treasurer
Camilla Sherwin	Committee Member
Mike Davidson	Committee Member