



July 2016 Newsletter

West Sussex news

Thanks to those of you who answered the survey about Lunch Clubs. The result was almost 50/50, but the majority were not interested in a Gluten Free lunch club.

There were no entries for the May 2016 Competition, therefore no winner to announce.

A lunch is being organised by John Johnson in the Worthing /Littlehampton area in September. If you are interested, please call him on 01903 772307 for more information.

Upcoming Events

Monthly Coffee Mornings

Date: 2nd Tuesday of the month

Time: 10.00 to 11.30

Location: Food, New Street, Worthing, BN11 3BT

Fish & Chip Supper

Date: Friday 22nd July 2016

Time: 19.00 onwards

Location: The Fish Factory, East Street, Littlehampton, BN17 6AU

Booking form is available on the website. Completed forms to be sent, with payment, to the Group Organiser by Friday 15th July.

Gluten Free Breakfast

Date: Saturday 6th August 2016

Time: 09.00 to 10.30

Location: Honeypot Café, Sea Lane, Rustington, BN16 2RD

To book, please email Hilary on hilarymarfleet@hotmail.com

Coffee Morning

Dates: Saturday 10th September and Saturday 10th December 2016

Time: 09.30 to 11.30

Location: South Downs Nursery, Brighton Road, Hassocks BN6 9LY,

We will be meeting in the main restaurant area.

There will also be a craft fair at the Nursery on 10th December, offering the chance for some last minute Christmas shopping!

Gluten Free Food & Drink Fair

Date: Saturday 22nd October 2016

Time: 10.30 to 14.30

Location: King's Centre, Victoria Road, Burgess Hill, RH15 9LR

This will be the first Gluten Free Food Fair in West Sussex and we would love as many of you as possible to come along.

2017 AGM

Date: Saturday 11th February 2017

Time: 14.30 to 16.30

Location: The Hassocks Room, The King's Centre, Victoria Road, Burgess Hill, RH15 9LR

Please save the date!

All events are also posted on the West Sussex local page of the Coeliac UK website, with links to download booking forms where necessary.

Cheques for events/meals should be made payable to '*Coeliac UK West Sussex Group*' and sent to the Group Organiser: William Andrews, 32 Greet Road, Lancing, BN15 9NS

We'd love to hear from you

We would love to receive your contributions, suggestions and local information, to be shared with others in future newsletters.

If you would like to contribute news, recipes, details of events you are organising, or any recommendations, please send them to me at: traceym510@gmail.com

The West Sussex Coeliac Group can be contacted at the following email addresses:

westsussex@coeliac.org.uk or westsussexcoeliacgroup@hotmail.co.uk

The personal information that you have provided will be used by West Sussex Coeliac Group for the administration of and fundraising objectives of the charity and for no other purpose.